



Dear Medicare Beneficiary,

AARP supports the National Health and Aging Trends Study (NHATS) and encourages you to take part. You are one of only 12,000 Medicare beneficiaries across the country selected for this important new study. NHATS has been designed by leading university researchers to study how daily life and activities change as we age. Information from this study will help us understand how older people today, and in future generations, can lead fuller, healthier lives.

NHATS is sponsored by the National Institute on Aging which is part of the National Institutes of Health. It is being conducted by the Johns Hopkins Bloomberg School of Public Health, one of the leading schools of public health in the country, and by Westat, a major research company that collects data for several of the largest and most important health surveys in the United States.

The experiences of every person selected for this study are important and will create a unique picture of aging in America now and in the future. Each of you who are asked to be an NHATS participant represents thousands of other people like you across the country.

Whether you take part in the study is entirely up to you. AARP supports the National Health and Aging Trends Study because we think it is important to the future of older people in America. We hope you will choose to be part of NHATS.

Sincerely,

A handwritten signature in black ink that reads "John Rother". The signature is written in a cursive, flowing style.

John Rother
Executive Vice President
Policy and Strategy