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# NHATS Round 1

Section PC [PHYSICAL CAPACITY]

Sequence: 16

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PC1PRE

PC1PRE

NOT ON FILE

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...". DISPLAY TEXT "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane"  
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker"  
ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker"

**QUESTION TEXT:**

We are interested in whether {you have /SP has} difficulty with physical movements when {you do/he does/she does} them without help from another person {and without {your/his/her}{cane/walker/cane or walker}}.

PRESS 1 AND ENTER TO CONTINUE

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PC1

pc1walk6blks

R1 PC1 ABLE TO WALK 6 BLOCKS

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...".

DISPLAY TEXT "able" and "6 blocks" and "without" AS BOLD UNDERLINED TEXT

IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane"  
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker"  
ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker"

**QUESTION TEXT:**

In the last month, {were you/was SP} able to... walk 6 blocks, or about half a mile, by {yourself/himself/herself} {and without {your/his/her}{cane/walker/cane or walker}}?

**CODES**

1	YES	PC3
2	NO	
	REFUSED	
	DON'T KNOW	

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**PC2****pc1walk3blks**

R1 PC2 ABLE TO WALK 3 BLOCKS

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...".

DISPLAY TEXT "able" and "3 blocks" and "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane"

ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker"

ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker"

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] walk 3 blocks by {yourself/himself/herself} {and without {your/his/her}{cane/walker/cane or walker}}?

**CODES**

1	YES
2	NO
	REFUSED
	DON'T KNOW

**PC3****pc1up2ostair**

R1 PC3 ABLE TO WALK UP 20 STAIRS

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES), DISPLAY "and without {your/his/her} cane".

DISPLAY TEXT "able" and "20 stairs" and "without" AS BOLD UNDERLINED TEXT

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] walk up 20 stairs (about two flights) by {yourself/himself/herself} {and without {your/his/her} cane}?

**CODES**

1	YES	PC5
2	NO	
	REFUSED	
	DON'T KNOW	

**PC4****pc1up10stair**

R1 PC4 ABLE TO WALK UP 10 STAIRS

**DISPLAY INSTRUCTIONS:**

DISPLAY QUESTION TEXT "able" and "10 stairs" AND "without" AS BOLD UNDERLINED TEXT

IF CANE FLAG=1 (YES), DISPLAY "and without {your/his/her} cane"

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] walk up 10 stairs by {yourself/himself/herself} {and without {your/his/her} cane}?

**CODES**

- 1 YES
- 2 NO  
REFUSED  
DON'T KNOW

**PC5**

**pc1car20pnds**

R1 PC5 ABLE TO CARRY 20 POUNDS

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES), DISPLAY "and without {your/his/her}...". DISPLAY TEXT "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane"  
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker"  
ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker"

DISPLAY TEXT "able" and "20 pounds" AS BOLD UNDERLINED TEXT

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] lift and carry 20 pounds, or two full bags of groceries, by {yourself/himself/herself}{and without {your/his/her}{cane/walker/cane or walker}}?

**CODES**

- 1 YES PC7
- 2 NO  
REFUSED  
DON'T KNOW

**PC6**

**pc1car10pnob**

R1 PC6 CARRY A 10 POUND OBJECT

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES), DISPLAY "and without {your/his/her}...". DISPLAY TEXT "without" AS BOLD UNDERLINED TEXT.

DISPLAY TEXT "able" and "10 pound" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane"  
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker"  
ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker"

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] lift and carry a 10-pound object by {yourself/himself/herself}{and without {your/his/her}{cane/walker/cane or walker}}?

**CODES**

- 1 YES
- 2 NO  
REFUSED  
DON'T KNOW

**PC7**

**pc1geonknees**

R1 PC7 ABLE TO GET DOWN ON KNEES

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" AS BOLD UNDERLINED TEXT

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] get down on {your/his/her} knees and get back up without holding on to anyone or anything?

**CODES**

1	YES	PC9
2	NO	
	REFUSED	
	DON'T KNOW	

**PC8**

**pc1bendover**

R1 PC8 ABLE TO BEND OVER

**DISPLAY INSTRUCTIONS:**

DISPLAY QUESTION TEXT "able" AS BOLD UNDERLINED TEXT

**QUESTION TEXT:**

[In the last month {were you/was SP} able to... ] bend over without holding on to anyone or anything?

**CODES**

1	YES	
2	NO	
	REFUSED	
	DON'T KNOW	

**PC9**

**pc1hvobovrhd**

R1 PC9 HEAVY OBJECT ABOVE HEAD

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] put a heavy book or other object on a shelf above {your/his/her} head?

**CODES**

1	YES	PC11
2	NO	
	REFUSED	
	DON'T KNOW	

**PC10**

**pc1rechovrhd**

R1 PC10 ABLE TO REACH OVERHEAD

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" AS BOLD UNDERLINED TEXT

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] reach up over {your/his/her} head without holding on to anyone or anything?

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**PC11**

**pc1opnjarwhd**

R1 PC11 OPEN SEALED JAR W HANDS

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" AS BOLD UNDERLINED TEXT

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] open a sealed jar using just {your/his/her} hands?

**CODES**

- 1 YES SECTION CP
- 2 NO
- REFUSED
- DON'T KNOW

**PC12**

**pc1grpsmobj**

R1 PC12 ABLE GRASP SMALL OBJECTS

**DISPLAY INSTRUCTIONS:**

DISPLAY "able" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to ... ]use {your/his/her} fingers to grasp or handle small objects?

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Go to Section CP – Cognition (Proxy)