### NHATS Round 4

#### Section PC [PHYSICAL CAPACITY] Sequence: 15

<table>
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<th>PC1PRE</th>
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**DISPLAY INSTRUCTIONS:**

- IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...". DISPLAY TEXT "without" AS BOLD UNDERLINED TEXT.
- IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane".
- ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".
- ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker".

**QUESTION TEXT:**

We are interested in whether {you have /SP has} difficulty with physical movements when {you do / he does / she does} them without help from another person {and without {your/his/her} {cane/walker/cane or walker}}.

PRESS 1 AND ENTER TO CONTINUE

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<table>
<thead>
<tr>
<th>PC1</th>
<th>pc4walk6blks</th>
<th>R4 PC1 ABLE TO WALK 6 BLOCKS</th>
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</table>

**DISPLAY INSTRUCTIONS:**

- IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...".
- DISPLAY TEXT "able" and "6 blocks" and "without" AS BOLD UNDERLINED TEXT
- IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane".
- ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".
- ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker".

**QUESTION TEXT:**

In the last month, {were you / was SP} able to... walk 6 blocks, or about half a mile, by {yourself / himself / herself} {and without {your/his/her} {cane/walker/cane or walker}}?

**CODES**

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<tr>
<th>PC2</th>
<th>pc4walk3blks</th>
<th>R4 PC2 ABLE TO WALK 3 BLOCKS</th>
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</table>

**DISPLAY INSTRUCTIONS:**

- IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...".
- DISPLAY TEXT “able” and “3 blocks” and “without” AS BOLD UNDERLINED TEXT.
- IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane".
- ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".
- ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker".
QUESTION TEXT:

[In the last month, {were you/was SP} able to...] walk 3 blocks by {yourself/himself/herself} [and without {your/his/her} {cane/walker/cane or walker}]:

CODES

1 YES
2 NO
REFUSED
DON’T KNOW

PC3 pc4up2ostair R4 PC3 ABLE TO WALK UP 20 STAIRS

DISPLAY INSTRUCTIONS:

IF CANE FLAG=1 (YES), DISPLAY "and without {your/his/her} cane".

DISPLAY TEXT "able" and “20 stairs” and "without" AS BOLD UNDERLINED TEXT.

QUESTION TEXT:

[In the last month, {were you/was SP} able to...] walk up 20 stairs (about two flights) by {yourself/himself/herself} [and without {your/his/her} cane]:

CODES

1 YES
2 NO
REFUSED
DON’T KNOW

PC4 pc4up1ostair R4 PC4 ABLE TO WALK UP 10 STAIRS

DISPLAY INSTRUCTIONS:

DISPLAY QUESTION TEXT "able" and “10 stairs” AND "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES), DISPLAY "and without {your/his/her} cane".

QUESTION TEXT:

[In the last month, {were you/was SP} able to...] walk up 10 stairs by {yourself/himself/herself} [and without {your/his/her} cane]:

CODES

1 YES
2 NO
REFUSED
DON’T KNOW

PC5 pc4car20pnds R4 PC5 ABLE TO CARRY 20 POUNDS

DISPLAY INSTRUCTIONS:

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES), DISPLAY "and without {your/his/her}...". DISPLAY TEXT "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane".
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".
ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker".

DISPLAY TEXT "able" and “20 pounds” AS BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] lift and carry 20 pounds, or two full bags of groceries, by
{yourself/himself/herself} [and without {your/his/her} {cane/walker/cane or walker}]?

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**PC6**

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES), DISPLAY "and without {your/his/her}...". DISPLAY TEXT
"without" AS BOLD UNDERLINED TEXT.

DISPLAY TEXT "able" and “10 pound” AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG IS NULL, DISPLAY "cane".
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".
ELSE IF CANE FLAG IS NULL AND WALKER FLAG=1 (YES), DISPLAY "walker".

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] lift and carry a 10-pound object by
{yourself/himself/herself} [and without {your/his/her} {cane/walker/cane or walker}]?

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**PC7**

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" AS BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] get down on {your/his/her} knees and get back up
without holding on to anyone or anything?

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**PC8**

**R4 PC8 ABLE TO BEND OVER**
DISPLAY INSTRUCTIONS:
DISPLAY QUESTION TEXT "able" AS BOLD UNDERLINE TEXT.

QUESTION TEXT:
[In the last month {were you/was SP} able to... ] bend over without holding on to anyone or anything?

CODES
1 YES
2 NO
REFUSED
DON'T KNOW

PC9 pc4hvobovrh R4 PC9 HEAVY OBJECT ABOVE HEAD

DISPLAY INSTRUCTIONS:
DISPLAY TEXT "able" IN BOLD UNDERLINE TEXT.

QUESTION TEXT:
[In the last month, {were you/was SP} able to... ] put a heavy book or other object on a shelf above {your/his/her} head?

CODES
1 YES
2 NO
REFUSED
DON'T KNOW

PC10 pc4rechovrh R4 PC10 ABLE TO REACH OVERHEAD

DISPLAY INSTRUCTIONS:
DISPLAY TEXT "able" AS BOLD UNDERLINE TEXT.

QUESTION TEXT:
[In the last month, {were you/was SP} able to... ] reach up over {your/his/her} head without holding on to anyone or anything?

CODES
1 YES
2 NO
REFUSED
DON'T KNOW

PC11 pc4opnjarwhd R4 PC11 OPEN SEALED JAR W HANDS

DISPLAY INSTRUCTIONS:
DISPLAY TEXT "able" AS BOLD UNDERLINE TEXT.

QUESTION TEXT:
[In the last month, {were you/was SP} able to... ] open a sealed jar using just {your/his/her} hands?
CODES

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PC12  pc4grpsmobj  R4 PC12 ABLE GRASP SMALL OBJECTS

DISPLAY INSTRUCTIONS:
DISPLAY "able" IN BOLD UNDERLINED TEXT.

QUESTION TEXT:
[In the last month, {were you/was SP} able to ...] use {your/his/her} fingers to grasp or handle small objects?

CODES

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PROGRAMMER INSTRUCTIONS:
Go to Section CP – Cognition (Proxy)