**National Study of Caregiving**

<table>
<thead>
<tr>
<th>Section</th>
<th>CA</th>
<th>[CARE ACTIVITIES]</th>
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<tbody>
<tr>
<td>CA1PRE</td>
<td>CA1PRE</td>
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</table>

**DISPLAY INSTRUCTIONS:**
Display date as “Month, day, year” with month spelled out.

**QUESTION TEXT:**
First we have a few questions about ways you may have helped {SP} in the last month, that is since {CURRENT DATE MINUS 1 MONTH}, because of {his/her} health and functioning.

PRESS 1 AND ENTER TO CONTINUE

<table>
<thead>
<tr>
<th>CA1</th>
<th>cca5hwoftchs</th>
<th>C5 CA1 HOW OFT HELP WITH CHORES</th>
</tr>
</thead>
</table>

**QUESTION TEXT:**
Let’s start with chores you may do around {SP}’s home. This includes laundry, cleaning, or making hot meals. In the last month, how often did you help {SP} with laundry, cleaning, or making hot meals or do these chores? Would you say every day, most days, some days, rarely, or never?

**CODES**

1. EVERY DAY
2. MOST DAYS
3. SOME DAYS
4. RARELY
5. NEVER
   - REFUSED
   - DON’T KNOW

**PROGRAMMER INSTRUCTIONS:**
If a breakoff occurs at any time after a response is coded for CA1, the disposition for the case should be ST (Started).

<table>
<thead>
<tr>
<th>CA2</th>
<th>cca5hwoftshp</th>
<th>C5 CA2 HOW OFTEN SHopped FOR SP</th>
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</table>

**QUESTION TEXT:**
In the last month, how often did you shop with {SP} for groceries or personal items or do {his/her} shopping for {him/her}? Would you say every day, most days, some days, rarely, or never?

**CODES**

1. EVERY DAY
2. MOST DAYS
3. SOME DAYS
4. RARELY
5. NEVER
   - REFUSED
   - DON’T KNOW

<table>
<thead>
<tr>
<th>CA3</th>
<th>cca5hpordmd</th>
<th>C5 CA3 EVER HELP ORDER MEDICINES</th>
</tr>
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</table>

**QUESTION TEXT:**
In the last month, did you ever help {SP} order {his/her} prescribed medicines or order these for him/her?
<table>
<thead>
<tr>
<th>CODES</th>
<th>RESPONSE</th>
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</thead>
<tbody>
<tr>
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</tr>
<tr>
<td>2</td>
<td>NO</td>
</tr>
<tr>
<td>7</td>
<td>SP DOES NOT TAKE ANY PRESCRIBED MEDICINES DON'T KNOW</td>
</tr>
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</table>

**CA4**  
**cca5hlpnkng**  
**C5 CA4 HELP WTH BILLS OR BANKING**

**QUESTION TEXT:**

In the last month, did you ever help {SP} with handling bills or banking or do this for {him/her}?

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<thead>
<tr>
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<th>RESPONSE</th>
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</thead>
<tbody>
<tr>
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</tr>
<tr>
<td>2</td>
<td>NO</td>
</tr>
<tr>
<td></td>
<td>REFUSED</td>
</tr>
<tr>
<td></td>
<td>DON'T KNOW</td>
</tr>
</tbody>
</table>

**BOX CA5**  
**BOX CA5**  
**NOT ON FILE**

If CA2= 1, 2, 3, 4 (HELPS SHOP) or CA3=1 (YES, ORDER MEDS) or CA4=1 (YES, HANDLE BILLS), go to CA5.

Otherwise, go to CA6.

**CA5**  
**cca5cmpgrcry**  
**C5 CA5A USE COMPUTR SHOP FR GROC**

**cca5cmpordrx**  
**C5 CA5B USE COMPUTR ORDER MEDS**

**cca5cmpbnkng**  
**C5 CA5C USE COMPUTR BILLS BANKNG**

**DISPLAY INSTRUCTIONS:**

If CA2 = 1, 2, 3, or 4 (HELPS SHOP), display CA5a.
If CA3 = 1 (YES, ORDER MEDS), display CA5b.
If CA4 = 1 (YES, HANDLE BILLS), display CA5c.
Use "Same Question Stem" display.
If at first item, do not display question text in brackets.
Otherwise, display question text in brackets.

**QUESTION TEXT:**

[{} In the last month, did you use a computer to... {}]

{variable text [a-c]}

{RESPONSE [1] a. shop for groceries or personal items for {SP}?}
{RESPONSE [2] b. order medicines for {him/her}?}
{RESPONSE [3] c. handle bills or do banking for {him/her}?}

<table>
<thead>
<tr>
<th>CODES</th>
<th>RESPONSE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<td>2</td>
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</tr>
<tr>
<td></td>
<td>REFUSED</td>
</tr>
<tr>
<td></td>
<td>DON'T KNOW</td>
</tr>
</tbody>
</table>

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.
Display ‘variable text’ in the a-c sequence until all rows have been displayed.

**CA6PRE**  
**CA6PRE**  
**NOT ON FILE**

Next, I have a few questions about hands-on assistance that you may have given {SP} in the last month.
PRESS 1 AND ENTER TO CONTINUE

CA6  cca5hwoftpc  C5 CA6 HOW OFT HELP PERS CARE

QUESTION TEXT:

In the last month, how often did you help {SP} with personal care such as eating, showering or bathing, dressing or grooming, or using the toilet? Would you say every day, most days, some days, rarely, or never?

CODES

1  EVERY DAY
2  MOST DAYS
3  SOME DAYS
4  RARELY
5  NEVER
   REFUSED
   DON'T KNOW

CA7  cca5hwofthom  C5 CA7 HOW OFT HLP GTNG ARD HOME

QUESTION TEXT:

In the last month, how often did you help {SP} get around, that is, getting in and out of bed, getting around inside {his/her} home, or leaving {his/her} home to go outside? Would you say every day, most days, some days, rarely, or never?

CODES

1  EVERY DAY
2  MOST DAYS
3  SOME DAYS
4  RARELY
5  NEVER
   REFUSED
   DON'T KNOW

BOX CA8  BOX CA8  NOT ON FILE

If CA6 = 5 (NEVER HELPED WITH PERSONAL CARE), RF, or DK and CA7 = 5 (NEVER HELPED GET AROUND HOME), RF, or DK, go to CA9.

Otherwise, go to CA8.

CA8  cca5hlplft  C5 CA8A HELP LIFT FRM SEATED POS
         cca5hlpst  C5 CA8B LEANED ON OR SUPPRT WGT
         cca5hlpsdt  C5 CA8C HOLD STEADY WHILE WALK

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
If at CA8a, do not display question text in brackets.
Otherwise, display question text in brackets.

QUESTION TEXT:
In the last month, when you helped [SP] with personal care, did you ever…

RESPONSE [1] a. lift [him/her] from a seated or lying position?
RESPONSE [2] b. let [him/her] lean on you or support [his/her] weight?
RESPONSE [3] c. hold [him/her] steady while [he/she] walked or stood?

CODES

1 YES
2 NO
REFUSED
DON’T KNOW

PROGRAMMER INSTRUCTIONS:
Array the responses and variable text columns in the panel.
Display ‘variable text’ in the a-c sequence until all rows have been displayed.

If CA8a = 1, go to CA8d.
Else if CA8b = 1, go to CA8e.
Else if CA8c = 1, go to CA8f.
Otherwise go to CA9.

CA8d

CCA5HOWFLIFT C5 CA8D HOW OFTEN HELPED LIFT

QUESTION TEXT:
In the last month, how often did you lift [him/her] from a seated or lying position? Would you say every day, most days, some days, or rarely?

CODES

1 EVERY DAY
2 MOST DAYS
3 SOME DAYS
4 RARELY
REFUSED
DON’T KNOW

PROGRAMMER INSTRUCTIONS:
If CA8b = 1, go to CA8e.
Else if CA8c = 1, go to CA8f.
Otherwise go to CA9.

CA8e

CCA5HOWFTSP C5 CA8E HOW OFT LEANED ON SPRT

QUESTION TEXT:
In the last month, how often did you let [him/her] lean on you to support [his/her] weight? [Would you say every day, most days, some days, or rarely?]

CODES

1 EVERY DAY
2 MOST DAYS
3 SOME DAYS
4 RARELY
REFUSED
DON’T KNOW

PROGRAMMER INSTRUCTIONS:
If CA8c = 1, go to CA8f.
Otherwise go to CA9.
**CA8f**

CCA5HWOFSTDL

**C5 CA8F HOW OFT HELD STEADY**

**QUESTION TEXT:**

In the last month, how often did you hold (him/her) steady while (he/she) stood or walked? [Would you say every day, most days, some days, or rarely?]

**CODES**

1. EVERY DAY  
2. MOST DAYS  
3. SOME DAYS  
4. RARELY  
5. REFUSED  
6. DON'T KNOW

**CA9**

CCA5HWOFTRV

**C5 CA9 HOW OFTEN DROVE SP**

**QUESTION TEXT:**

In the last month, how often did you drive (SP) places? Would you say every day, most days, some days, rarely, or never?

**CODES**

1. EVERY DAY  
2. MOST DAYS  
3. SOME DAYS  
4. RARELY  
5. NEVER  
6. REFUSED  
7. DON'T KNOW

**CA10**

CCA5HWOFOTT

**C5 CA10 OFTN WENT ON OTH TRANSPR**

**QUESTION TEXT:**

In the last month, how often did you go with (SP) in a van, shuttle or cab, or take public transportation (the bus, subway, train, or light rail) with (him/her)? [Would you say every day, most days, some days, rarely, or never?]

**CODES**

1. EVERY DAY  
2. MOST DAYS  
3. SOME DAYS  
4. RARELY  
5. NEVER  
6. REFUSED  
7. DON'T KNOW

**CA11PRE**

**CA11PRE**

NOT ON FILE

The next few questions are about help related to (SP)’s health care.

PRESS 1 AND ENTER TO CONTINUE

**CA11**

CCA5HPMED

**C5 CA11A KEEP TRACK OF MEDS**

CCA5HPSHOT

**C5 CA11B TAKE SHOTS OF INJECTNS**

NSOC :: CA  
September 2019
In the last month, did you ever help {SP}...{]

RESPONSE 1 a. keep track of {his/her} medications?
RESPONSE 2 b. take shots or injections?
RESPONSE 3 c. manage medical tasks like ostomy care, IVs, or testing blood?
RESPONSE 4 d. with exercises {he/she} was supposed to do?
RESPONSE 5 e. with a special diet?
RESPONSE 6 f. care for {his/her} teeth or dentures?
RESPONSE 7 g. care for {his/her} feet, like clipping nails?
RESPONSE 8 h. with skin care related to wounds or sores?

CODES
1 YES
2 NO
REFUSED
DON'T KNOW

Now please think about the last year, that is, since {CURRENT DATE MINUS 1 YEAR}.
PRESS 1 AND ENTER TO CONTINUE
Display “year” in bold and underlined text.

**QUESTION TEXT:**

In the last year, did you ever...?

(a-d)

RESPONSE [1] a. make appointments for [SP] with a medical provider?
RESPONSE [2] b. speak to or e-mail [SP]’s medical provider about [his/her] care?
RESPONSE [3] c. help [him/her] change or add a health insurance or prescription drug plan?

IF NEEDED: For example, changed or helped [him/her] change a Medicare supplemental plan or prescription drug plan, or helped [him/her] decide to join or leave a managed care plan.

RESPONSE [4] d. handle any other health insurance matters related to [his/her] medical care?

IF NEEDED: This includes contacting Medicare or another insurer to find out what is covered, comparing plans or providers, finding out about bills, or filing a claim.

**CODES**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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<tbody>
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<td>NO</td>
</tr>
<tr>
<td></td>
<td>REFUSED</td>
</tr>
<tr>
<td></td>
<td>DON’T KNOW</td>
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**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.
Display ‘variable text’ in the a-d sequence until all rows have been displayed.

**BOX CA12**

If CA12B = 1 (YES), go to CA12E.
Otherwise, go to Box CA13.

**CA12E**

In the last year, how much did talking to [SP’s] medical providers help you with caring for [him/her]? A lot, somewhat, a little, or not at all?

**CODES**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>A LOT</td>
</tr>
<tr>
<td>2</td>
<td>SOMewhat</td>
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<td>3</td>
<td>A LITTLE</td>
</tr>
<tr>
<td>4</td>
<td>NOT AT ALL</td>
</tr>
<tr>
<td></td>
<td>REFUSED</td>
</tr>
<tr>
<td></td>
<td>DON’T KNOW</td>
</tr>
</tbody>
</table>

**BOX CA13**

If INHOUSEHOLD flag = 1 (YES, CAREGIVER LIVES WITH SP) for CG, go to BOX CA15.
Otherwise, go to CA13.
When you visit {SP} how do you usually get there?

1. WALK
2. DRIVE
3. SOMEONE DRIVES ME
4. TAXI
5. BUS
6. SUBWAY/TRAIN/LIGHT RAIL
7. TRAIN
8. AIRPLANE/FLY
9. OTHER (SPECIFY)
10. REFUSED
11. DON’T KNOW

How long does it normally take you to get to {SP}’s home from where you live?

1. MINUTES
2. HOURS
3. REFUSED
4. DON’T KNOW

Enter number of minutes: 1 to 60

Enter number of hours: 1 to 24
If CA1 = 5 (NEVER HELP WITH HH ACTIVITIES), DK, or RF and CA2 = 5 (NEVER HELP WITH SHOPPING), DK, or RF and CA3 = 2 (NO HELP WITH MEDS), 7 (SP DOES NOT TAKE MEDS), DK, OR RF and CA4 = 2 (NO HELP WITH HANDLING BILLS), DK, or RF and CA5 = 2 (NO HELP WITH PERSONAL CARE), DK, or RF AND CA7 = 5 (NEVER HELP WITH GETTING AROUND), DK or RF AND CA9 = 5 (NEVER HELP DRIVING), DK or RF and CA10 = 5 (NEVER GO WITH SP), DK, or RF and CA11a-g = 2 (NO), DK or RF and CA12a-c = 2 (NO), RF or DK, go to CA15.

Otherwise, go to Section DC - Duration of Care.

**CA15**

**DISPLAY INSTRUCTIONS:**
Display date as “Month day, year” with month spelled out.

**QUESTION TEXT:**
You said that in the last month you didn't help {SP} with any of the activities we just talked about. Did you help {SP} with any of these activities in the last year, that is since {CURRENT DATE MINUS 1 YEAR}?

**CODES**

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<th>Value</th>
<th>Category</th>
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<tbody>
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<td>REFUSED</td>
<td>CA17</td>
</tr>
<tr>
<td></td>
<td>DON'T KNOW</td>
<td>CA17</td>
</tr>
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**PROGRAMMER INSTRUCTIONS:**
If CA15 = 1 (YES HELPED IN LAST YEAR), set HELPED IN PREVIOUS MONTHS flag = 1 (YES)

**CA16**

**DISPLAY INSTRUCTIONS:**
Display date as “Month, day year” with month spelled out.

**QUESTION TEXT:**
What was the last month since {CURRENT DATE MINUS 1 YEAR} that you helped {SP} with any of these activities?

**CODES**

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<td></td>
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**PROGRAMMER INSTRUCTIONS:**
Go to Section DC - Duration of Care

CA17

CA17

NOT ON FILE

QUESTION TEXT:

Those are all of the questions I have for you about helping {SP}.

PRESS 1 AND ENTER TO CONTINUE

PROGRAMMER INSTRUCTIONS:

Set CATI Disposition Code to IE, Ineligible - Did not help SP in last year.
Go to Section CN - Closing