### NHATS Round 1

<table>
<thead>
<tr>
<th>Section</th>
<th>HW</th>
<th>[HEIGHT AND WEIGHT]</th>
<th>Sequence: 31</th>
</tr>
</thead>
</table>

#### HW1PRE

**QUESTION TEXT**

Now, I have a few questions about {your/SP's} height and weight.

**PRESS 1 AND ENTER TO CONTINUE**

#### HW2

**hw1currweigh**

**R1 HW2 YOU CURRENTLY WEIGH**

**QUESTION TEXT:**

How much {do you/does SP} currently weigh?

**ENTER WEIGHT IN POUNDS**

**ENTER NUMBER**

<table>
<thead>
<tr>
<th>Range</th>
<th>Soft Range</th>
<th>REFUSED</th>
<th>DON'T KNOW</th>
</tr>
</thead>
<tbody>
<tr>
<td>65 to 600</td>
<td>90 to 300</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**PROGRAMMER INSTRUCTIONS:**

Hard range: 65-600.  
Soft range: 90-300.

#### HW3

**hw1weigat50**

**R1 HW3 WEIGH AT ABOUT AGE 50**

**DISPLAY INSTRUCTIONS:**

Display "age 50" in bold underlined text.

**QUESTION TEXT:**

What was {your/SP's} usual weight at about age 50? If you don’t remember exactly, please make your best guess.

**ENTER WEIGHT IN POUNDS**

**ENTER NUMBER**

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**PROGRAMMER INSTRUCTIONS:**

Hard range: 65-600.  
Soft range: 90-300.

#### HW4

**hw1lst1opnds**

**R1 HW4 LOST 10 POUNDS IN LAST YR**
DISPLAY INSTRUCTIONS:
Display “lost 10 or more pounds” in bold underlined text.

QUESTION TEXT:
{Have you/Has SP} lost 10 or more pounds in the last 12 months?

CODES
1 YES
2 NO
REFUSED
DON’T KNOW

HW5
hw1trytolose
R1 HW5 WERE YOU TRYING TO LOSE WEIGHT

QUESTION TEXT:
{Were you/Was SP} trying to lose weight?

CODES
1 YES
2 NO
REFUSED
DON’T KNOW

HW7
hw1howtallft
R1 HW7 HOW TALL ARE YOU FEET

DISPLAY INSTRUCTIONS:
Display HW7 and HW8 on the same screen.

QUESTION TEXT:
How tall {are you/is SP}?
ENTER HEIGHT IN FEET

ENTER NUMBER

Range 3 to 7
Soft Range 4 to 6
REFUSED HW9
DON’T KNOW HW9

PROGRAMMER INSTRUCTIONS:
Hard range: 3-7.
Soft range: 4-6.

HW8
hw1howtallin
R1 HW8 HOW TALL ARE YOU INCHES

DISPLAY INSTRUCTIONS:
Display HW7 and HW8 on the same screen.
QUESTION TEXT:

How tall {are you/is SP} without shoes at about age 50? If you don’t remember exactly, please make your best guess.

ENTER HEIGHT IN FEET

ENTER NUMBER

Range 3 to 7
Soft Range 4 to 6
REFUSED SECTION EL
DON’T KNOW SECTION EL

PROGRMNER INSTRUCTIONS:

Hard range: 3-7.
Soft range: 4-6.

HW9

hw1tal50feet R1 HW9 HOW TALL AT AGE 50 FEET

DISPLAY INSTRUCTIONS:

Display HW9 and HW10 on the same screen.

Display “age 50” in bold underlined text.

QUESTION TEXT:

How tall {were you/was SP} without shoes at about age 50? If you don’t remember exactly, please make your best guess.

ENTER HEIGHT IN FEET

ENTER NUMBER

Range 0 to 11

PROGRMNER INSTRUCTIONS:

Range: 0-11

HW10

hw1tal50inch R1 HW10 HOW TALL AT AGE 50 INCHS

DISPLAY INSTRUCTIONS:

Display HW9 and HW10 on the same screen.

Display “age 50” in bold underlined text.

QUESTION TEXT:

[How tall {were you/was SP} without shoes at about age 50? If you don’t remember exactly, please make your best guess.]

ENTER HEIGHT IN INCHES
PROGRAMMER INSTRUCTIONS:
Range 0-11

Go to Section EL - Early Life