NATIONAL STUDY OF CAREGIVING (NSOC) I-III USER GUIDE

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Overview

The National Study of Caregiving (NSOC) is a nationally representative study of family and other unpaid caregivers to older persons living with limitations in daily activities. NSOC been conducted three times in conjunction with the National Health and Aging Trends Study (NHATS) at periodic intervals (2011, 2015, 2017). NHATS samples Medicare enrollees ages 65 and older (see Kasper & Freedman 2020 for a guide to NHATS).

In NSOC, interviews were conducted by telephone with family and unpaid caregivers to NHATS participants who were receiving assistance with self-care, mobility, or household activities (the latter, for health or functioning related reasons). The 30-minute interview included questions about activities for which help was provided, duration and intensity of help, effects on helpers of providing assistance, support services used, and basic demographic information.

This user guide accompanies the NSOC I, II and III cross-sectional files and NSOC III longitudinal files. Enhanced versions of these files were released in 2020 to include additional derived variables that bring in information collected in NHATS for cases that were designated to skip items in NSOC and to include income imputations (described in Hu et al. 2020). Several minor corrections were also made (see section on Data Notices and Corrections for details). A separate user guide is available for NSOC time diary files (Freedman & Cornman 2019).

Goals of NSOC

Together NHATS and NSOC are the only national study providing both care recipient and caregiver perspectives on late-life care. Rather than identify a single primary caregiver for interview, interviews were attempted with all eligible helpers for whom contact information was obtained. This design yields a caregiver sample that is representative of all eligible caregivers and allows insights into how caregiving responsibilities are distributed.

NSOC can be used to address a variety of salient questions about family care in the US including:

- What help is provided to older adults and by whom?
- How are caregiving activities distributed within families?
- How does caregiving intersect with work, child care, and other valued activities?
- What out-of-pocket costs do caregivers contribute as part of their care provision?
- What support services do informal caregivers know about, seek, and use?
- What are the consequences of providing care for health and wellbeing?
- How are care demands and provision changing over time?
- How does care provision and its consequences differ at the end of life?
- What are the reasons caregiving stops and how do roles change over time?
- How do caregivers spend their time over the day and what are consequences for wellbeing?

A technical paper with frequently asked questions about how to use NSOC data is available for users at <u>www.nhats.org</u> (see Freedman et al. 2020).

Design

In each round, NSOC has been conducted by telephone with persons identified as helpers in the corresponding round of NHATS. For example,

- NSOC I followed caregivers to the NHATS Sample Person (SP) identified in NHATS Round 1 in 2011;
- NSOC II followed caregivers identified in NHATS Round 5 in 2015; and
- NSOC III followed caregivers identified in NHATS Round 7 in 2017.

We refer to these as "cross-sectional" samples because they consist of caregivers active in the last month or year.

NSOC III incorporated two additional sample-related features:

- Interviews were conducted with last month of life caregivers identified in NHATS Round 7 (who were included in the NSOC III cross-sectional sample); and
- A longitudinal component was added in which NSOC II caregivers were reinterviewed.

Several new sections were also added in NSOC III about care provided in the last month of life, reasons the caregiver stopped providing help, and interactions with the health care system. In NSOC III caregivers who assisted in the last month were also eligible for a 24-hour time diary interview, which was scheduled at the end of the NSOC III interview.

Terminology

NHATS identifies all individuals who helped the Sample Person with activities, whether or not that assistance is related to the older adult's health and functioning or not. We use the term "helper" to refer to all individuals who assist the NHATS participant.

Because we limit NSOC to family and unpaid individuals who assist the subset of older adults receiving help related to their health or functioning (a proxy for "needing help"), we refer to NSOC participants as "caregivers" or "family and unpaid caregivers."

Eligibility

NSOC I-III Cross-Sectional Files

Caregivers to Living Sample Persons. Eligibility for each round of NSOC was determined separately for NHATS Sample Persons and for helpers of those individuals.

NHATS Sample Persons with a completed Sample Person interview who were receiving help with certain activities were eligible for NSOC. A Sample Person was potentially eligible if, in the last month, he or she was receiving help with any activity in Table 1 or was living in a residential care facility.

Table 1. Activities determining SP eligibility for NSOC			
		Household activities for health	
Mobility activities	Self-care activities	or functioning reasons ¹	
Getting around outside	Eating	Laundry	
Getting around inside	Bathing, showering or washing up	Shopping for personal items	
Getting out of bed	Getting to or using the toilet	Preparing hot meals	
	Dressing	Paying bills and banking	
		Keeping track of medications	

Once a Sample Person was deemed potentially eligible for NSOC, all helpers identified by the participant (with any activity for any reason) were reviewed for NSOC eligibility. Helpers were eligible for NSOC if they helped a potentially eligible Sample Person with any activity listed below <u>and were either</u> 1) related to the Sample Person (relationship codes = 2-29 or 91) whether paid or not <u>or</u> 2) unrelated to the Sample Person and not paid to help.

Table 2. Activities dete	Table 2. Activities determining Caregiver eligibility for NSOC			
		Household activities		
Mobility activities	Self-care activities	for any reason	Other activities	
Getting around	Eating	Laundry	Money matters other than bills	
outside			or banking	
Getting around	Bathing, showering	Shopping for	Medical activities (physician	
inside	or washing up	personal items	visits; insurance decisions)	
Getting out of bed	Getting to or using	Preparing hot meals	Transportation	
	the toilet			
	Dressing	Paying bills and		
		banking		
		Keeping track of		
		medications		

If at least one helper was deemed eligible, then the Sample Person was considered NSOCeligible. If the number of NSOC-eligible helpers for a Sample Person exceeded 5, 5 helpers were selected at random and the remaining helpers were considered ineligible for NSOC. Because of this restriction, N=61, N=108 and N=87 caregivers were not sampled in NSOC I, II

¹ Individuals who lived in residential care facilities and received assistance from a person at the place they lived were assumed to receive that assistance for health or functioning reasons.

and III, respectively.

See Appendix A for items in the CC Section (Caregiver Eligibility and Contact Information) administered at the end of the Sample Person Interview to determine eligibility.

Caregivers in the Last Month of Life. NSOC III introduced a Last Month of Life caregiver sample. Eligibility for the Last Month of Life caregiver sample was determined separately for NHATS participants and for helpers of these individuals. The NHATS Sample Person was eligible if a Last Month of Life interview was completed in NHATS Round 7. The caregiver was eligible if they assisted in the last month of life with any of the mobility or self-care activities listed above.

NSOC III Longitudinal Files

All caregivers who participated in NSOC II were eligible for the longitudinal component of NSOC III. Caregivers of living Sample Persons who completed a Round 7 interview or with a completed Round 6 or 7 Last Month of Life Interview were eligible. If the NHATS SAMPLE PERSON that they cared for was non-response in Rounds 6 or 7, no attempt was made to contact the caregiver.

NSOC III Time Diaries

All caregivers to living SPs who participated in NSOC III were eligible to complete a "yesterday" time diary documenting activities over a 24-hour period during a follow-up interview conducted on a randomly selected day of the week.

Sample Sizes

Table 3 shows sample sizes by round and sample type. In NSOC I-III, interviews were conducted with 2,007, 2,204 and 2,361 caregivers to living NHATS SPs, respectively. In addition, in NSOC III 291 caregivers of deceased older adults were interviewed as part of the cross-sectional sample. In the NSOC III longitudinal sample, 1,453 caregivers were interviewed from 2,204 NSOC II participants.

Table 3. Sample Sizes NSOC I, II and II	Ι		
	Cross-sectional		
	Samp	oles	Longitudinal
	Living SPs	Last Month	Sample
	-	of Life	
NSOC I			
Eligible NHATS Round 1 participants	2,423		
Eligible Caregivers	4,935		
Interviewed Caregivers	2,007		
NSOC II			
Eligible NHATS Round 5 participants	2,417		
Eligible Caregivers	5,212		
Interviewed Caregivers	2,204		
NSOC III			
Eligible NHATS Round 7 participants	1,947	267*	
Eligible Caregivers	4,131	545**	2,204
Interviewed Caregivers	2,361	291	1,453
Eligible for Time Diary Interview	2,324		1,074
Time Diaries Completed	1,901		928

*6 eligible NHATS Round 7 participants who died prior to NSOC are included in the Last Month of Life sample.

**8 eligible caregivers to NHATS Round 7 participants who died prior to NSOC are included in the Last Month of Life sample.

Response Rates

For each cross-sectional sample, NSOC response rates were calculated in two stages: the Sample Person level and the caregiver level (see Table 4).

In NSOC 1, the NHATS Sample Person refused to give caregiver contact information for 1,573 out of the 4,935 eligible caregivers, yielding a 68.1% unweighted first stage response rate. Among eligible caregivers for whom the Sample Person did not refuse to provide information (N=3,362), 1,355 were not interviewed, yielding a 59.7% unweighted second stage response rate.

In NSOC II, the NHATS Sample Person refused to give caregiver contact information for 1,711 out of the 5,212 eligible caregivers, yielding a 67.2% unweighted first stage response rate. Among eligible caregivers for whom the Sample Person did not refuse to provide information (N=3,501), 1,297 were not interviewed, yielding a 63.0% unweighted second stage response rate.

In NSOC III's *cross-sectional* sample of caregivers to living SPs, caregiver contact information was unavailable for 315 out of 4,131 eligible cross-sectional caregivers of living SPs, yielding a 92.4% unweighted first stage response rate. Among eligible caregivers with contact information (N=3,816), 1,455 were not interviewed, yielding a 61.9% unweighted second stage response rate. Among eligible cross-sectional caregivers to living SPs, 90.2% completed a *time diary interview*. For the sample of last month of life caregivers, contact information was unavailable for 44 out of 545 eligible cross-sectional caregivers, yielding a 91.9% unweighted first stage response rate. Among eligible last month of life caregivers with contact information (N=501), 210 were not interviewed, yielding a 58.1% unweighted second stage response rate. The *longitudinal* sample had two sources of non-response: nonresponse to the NHATS Round 6 or 7 interviews (12.0% of eligible SPs yielding a first stage response rate of 88%) and caregiver nonresponse among those with completed NHATS interviews (25.1%, yielding a second stage response rate of 74.9%).

Table 4. Re	sponse Rates NSOC I, II and III				
		Cross-secti	onal Samples	Longitudinal	
		Living SPs	Last Month of Life	Longitudinal Sample	
NSOC I	Stage 1: Contact info provided	68.1			
	Stage 2: Response	59.7			
NSOC II	Stage 1: Contact info provided	67.2			
	Stage 2: Response	63.0			
NSOC III	Stage 1: Contact info available	92.4	91.9		
	Stage 2: Response	61.9	58.1		
NSOC III	Stage 1: NHATS SP did not refuse			88.0	
	Stage 2: Response			74.9	
NSOC III	Time Diary Response	81.8		86.4	

Sampling weights are adjusted to account for non-response (see Freedman et al. 2019).

Content & Questionnaire Sections

Here we provide a brief overview of the content of NSOC. We first provide reference period conventions. We then provide an overview of the questionnaire sections by round and sample type and then review the scope of content in each section. The instruments were purposefully similar across rounds to facilitate trend analyses, but we note cases when items were moved or added. Finally, we provide a summary of skip patterns around and within the cross-sectional and longitudinal samples.

Reference Period Conventions

The NSOC instrument fills the question with a different reference period depending on the type of respondent (see Table 5). In all three rounds, caregivers of living SPs who helped in the last month are asked about the time frame "in the last month." Caregivers of decedents who helped in the last month of their life are typically asked "in the last month of {his/her/SP's} life." Caregivers who did not help in the last month (or the last month of SP's life), but helped in the last year (or last year of SP's life) are typically given the fill "in the last month that you helped {him/her/SP}." In addition, some sections, like Health Care Interactions (HC) use a reference period of the last year.

Table 5. Reference Period Fill by Older Adults Status and Caregiver's Status			
Sample Person Status	Caregiver Status	Reference Period Fill	
Sample Person Living	Helped Last Month	In the last month	
Sample Person Living	Helped Last Year (not Last Month	In the last month that you helped $\{SP\}$	
Sample Person Deceased	Helped Last Month of Life	In the last month of {SP's} life	
Sample Person Deceased	Helped Last Year (not Last Month) of Life	In the last month that you helped $\{SP\}$	

Overview of Availability by Round and Sample Type

Sections of the questionnaire administered in NSOC I and NSOC II were repeated in NSOC III (Table 6). To accommodate caregivers in the last month of life and caregivers in NSOC II who were no longer helping NHATS Round 7 participants in NSOC III, new sections (ST and LL) were added and skip patterns were implemented. New content, such as interactions with the health care system (HC) and a time diary appointment and interview (AP, TD), were also added, and measures related to transportation and distance between caregiver and recipient were moved to their own section (DI). (For more detail on skips within sections, see Table 7.)

Table 6. Questionnaire Sections	Available by Roun	d and Sampl	е Туре	
	NSOC I, II	NSOC III		
		Cross-sectional		
	Cross-sectional	Sa	mple	Longitudinal
	Sample	Sample		- Longitudinal Sample
	(Sample Person	Person	Last Month	Sample
	Alive)	Alive	of Life ¹	
Care Activities (CA)	Х	Х	Х	Х
Duration of Care (DC)	Х	Х	Х	Х
Reasons Stopped (ST)	-	Х	Х	Х
Last Month of Life (LL)	-	-	Х	Х
Health Care Interactions (HC)	-	Х	Х	Х
Aspects of Caregiving (AC)	Х	Х	Х	Х
Support Environment (SE)	Х	Х	Х	Х
Distance to Sample Person $(DI)^3$	-	Х	Х	Х
Participation (PP)	Х	Х	-	Х
Health (HE)	Х	Х	-	Х
Household and Demographics	Х	Х	X	X
(HD)				
Race Ethnicity (RL)	x^2	Х	Х	Х
Employment and caregiving (EC)	Х	Х	-	Х
Health Insurance (HI)	Х	Х	Х	Х
Appointment for Time Diary	-	Х	-	Х
(AP)				
Time Diary (TD)	-	Х	-	X
¹ Caregivers identified in NHATS R	cound 7 LML interv	views.		
² Added in NSOC II.				
³ DI items were included in CA in R	Counds 1 and 5.			

Questionnaire Sections

Care Activities (CA): This section asks about ways in which the caregiver helped the Sample Person in the last month. Questions cover household chores, personal care, mobility, physical assistance, and transportation assistance. Caregivers are asked about the frequency of help in the last month and, for some activities, how help was provided (e.g. by going on line to do money management). Questions also ask about helping with a range of health- and medical-related activities and distance to the care recipient.² Differences in placement of CA items across the rounds are summarized in Table 8.

Table 8. Placement of CA items across NSOC Rounds				
	NSOC I	NSOC II	NSOC III	
Household, personal care, mobility, physical assistance, transportation	CA1-CA10	CA1-CA10	CA1-CA10	
Health-related activities	CA11a-h	CA11a-h	CA11a-d, CA11A2a- b, CA6Ba-b	
Medical care activities	CA12a-d	CA12a-d, CA12E	HC1,5,6a,6b, HC3	
Distance	CA13-CA14b	CA13-CA14b	DI1-DI2b	
Helped in last year, not last month	Box CA15-CA17	Box CA15-CA17	Box CA15-CA17	

For the small number of cases in which the Sample Person died after their NHATS interview but prior to NSOC, month and year of death are recorded in cca7mthdied and cca7yrdied.³

Duration of Care (DC): Questions elicit days and hours spent helping the Sample Person in the last month. Caregivers who helped with personal care or mobility also were asked hours spent helping with these activities only. All cross-sectional helpers were asked when they began providing care in months and years. In NSOC III, those who were NSOC II participants were asked instead whether they have continuously provided care since NSOC II and if not how many months they went without helping SP.

Last Month of Life (LL): In NSOC III, caregivers who assisted in the last month of the older adult's life were asked a series of questions about how they assisted. These items were modeled closely after the LML section in NHATS. Items focus on managing pain, breathing, and sadness/anxiety, whether the caregiver was provided training, medical decision making at the end of life, and communication with providers.

Health Care (HC): In NSOC III, a new series about family caregivers' interactions with health care providers was added. Questions inquire about the frequency and nature of family and unpaid caregivers' interactions with the Sample Person's medical providers, including extent to which usual care provider: listened to what family caregivers had to say, asked about family

² The health-related items asked at CA11 in NSOC I and II remained in CA in Round III, but some were moved (e.g. to CA11A2 and CA6B), so items have a different label in NSOC III (but similar name). Medical activities were moved to HC in NSOC III. Distance items were moved from CA to DI in NSOC III. Starting in NSOC II caregivers are asked how much communicating with the Sample Person's doctor helped them with caring for the Sample Person (CA12E in NSOC II and HC3 in NSOC III).

³Month and year of death for these and all other deceased SPs are recorded in flags at the beginning of this section (fl7spdied, fl7spmthdec, fl7spyrdec).

caregiver's understanding of the Sample Person treatments, or asked whether the family caregiver needed help managing Sample Person's treatments. Family caregivers are asked whether they helped Sample Persons after an overnight stay in the hospital, whether they were discharged directly home or to another facility, and whether they were provided training they needed to manage the Sample Person's post-hospital care. As in prior rounds, caregivers are also asked about health care tasks, including making appointments, logging into an online account to view information about study participant health, coordinating care across more than one provider, and helping change or add health insurance or prescription drug plans and handling other health insurance matters.

Aspects of Caregiving (AC): Questions focus on positive and negative views of the caregiver's relationship with the Sample Person and the experience of being a caregiver. Caregivers were asked whether helping is financially, emotionally, or physically difficult and to rate the level of difficulty (from 1 a little difficulty to 5 very difficult). Questions about family disagreements concerning the Sample Person's care and about personal consequences (exhaustion, no time for self) were also included. In NSOC II, a question was added about how well the family shares responsibility for the Sample Person's care. In NSOC III, a new series about difficulty with providing care with activities mentioned in CA and LL was added.

Distance (DI): Previously items CA13-CA14b, the Distance section was made a separate section in NSOC III. These items capture usual mode of transportation to visit Sample Person and how long it takes to get to SP's home. Caregivers who live with the Sample Person skip these items.

Support Environment (SE): This section includes questions on availability of friends and family to help with care and other resources of support. Caregivers were asked whether they used services such as support groups, training, and financial help, including Medicaid and, if so, how they found out about services. For services not used, they are asked if they ever looked for services and from what sources. Caregivers also were asked about their role in obtaining devices, environmental supports, and paid help for the Sample Person.

Participation (PP): These questions mirror the participation items in the NHATS Sample Person interview. Caregivers were asked about taking part in activities (e.g. visiting family and friends, attending religious services, doing volunteer work, working for pay). Follow-up questions for each activity were about the importance of the activity and whether helping Sample Person kept the person from participating in the activity.

Health and Wellbeing (HE): In a set of questions that mirror the Sample Person interview, helpers were asked whether they had ever been diagnosed with a list of common chronic conditions and height and weight (from which body mass index can be calculated). Helpers were also asked whether in the last month they had experienced particular impairments and symptoms (e.g. pain, breathing problems, low energy, upper and lower body impairments, sleep quality). If impairments were reported, the severity (degree to which the impairment interfered with daily activities in the last month) was assessed. Subjective wellbeing items included brief depression and anxiety screening instruments (PHQ2 and GAD2), positive and negative affect (feeling cheerful, bored, upset, etc.), self-actualization (life purpose and growth),

and self-efficacy. For sensitivity, specificity, and recommended cut-points for the PHQ-2, the GAD-2 and a 4-item combined measure, see Kroenke et al. (2003, 2007, 2009) and Lowe et al. (2009).

Race Ethnicity (RL): Questions on race, and primary race if more than one, as well as Hispanic ethnicity are included. In NSOC II derived race/ethnicity variables drawn from multiple sources were included in the v2 file (released December 2018).

Household Composition and Demographics (HD): This section includes marital status of the caregiver, numbers of children and number under age 18, household size, education, spouse/partner education and age.

Employment and Caregiving (EC): Labor force participation questions were patterned after those in the NHATS Sample Person interview and include hours of work in the last week and work schedule and current occupation. Persons who were absent from work in the last month, were asked reasons for absence, which include vacation, sick leave, time off to help the Sample Person, sick leave for other family members, and personal time. Persons who reported taking time off to help the Sample Person were asked hours and days of work missed. Caregivers who were working were asked whether helping affects work and how much (on a scale from 1: helping makes work a little harder to 10: helping makes work a lot harder). This information can be used to create a work productivity loss indicator (see Wolff 2016).

Health Insurance and Income (HI): This section elicits economic information, including whether the helper has health insurance coverage, checking/savings accounts, retirement accounts, and other stocks or mutual funds; home ownership; and total income for individuals (or couples). The remaining questions in this section ask about payments the caregiver made for care needs of the Sample Person (e.g. medications, mobility devices, in-home help) and financial gifts to or from the Sample Person.

Appointment for Time Diary (AP): In NSOC III, caregivers who had provided assistance to an older adult in the last month were asked to schedule an appointment to complete a 24-hour time diary over the phone. This section captures information about the appointment. Days of the week were randomly assigned so that the time diaries represent all weekdays and weekend days.

Time Diary (TD): In NSOC III, a 24-hour time diary was administered by telephone to caregivers who provided assistance to an older adult in the last month. The diary captures all activities, beginning at 4am the previous day, and continuing through 4 am the day of the interview. Respondents are asked what they were doing, where they were, who did the activity with them, who else was there, for care and household activities who the activity was for. For three randomly selected activities, respondents were asked how they felt during the activity (experienced wellbeing). The diary was modeled after the Panel Study of Income Dynamic's Disability and Use of Time Supplement (see Freedman and Cornman 2015).

Skip Patterns

Table 7 presents an overview of skips in NSOC I-III ("x" means the section was asked; "-" means the section was skipped). There are several groups that may be eligible to skip sections or items within sections.

Table 7. Overview of Skips, NSO	C I-III			
	Sample Pers	on Living (NSOC I-III)	Sample Person Deceased (NSOC III)	
	Helped Last Month (NSOC I-III) &	Helped Last Year (not Last Month)	Helped Last Month	Helped Last Year (not Last Month)
	Helped Last Year (not Last Month) (NSOC I, II) ⁷	(NSOC III) ⁸ & Did not Help Last Year or Last Month (NSOC III only) ⁹	of Life ¹⁰	of Life ⁸ & Did not Help Last Year or Last Month of Life ⁹
Care Activities (CA)	(NSOC 1, 11) x	X	x	X
Duration of Care (DC) ^{1,5}	x	X	X	X
Reasons Stopped (ST) ²	-	Х	-	X
Last Month of Life (LL) ²	-	-	х	-
Health Care Interactions (HC) ²	х	-	x (skip HC7-9)	-
Aspects of Caregiving (AC)	х	-	x (skip AC1-4,9)	-
Support Environment (SE)	х	-	x (skip SE1-3)	-
Distance to Sample Person (DI) ^{2,5}	х	-	Х	-
Participation (PP)	Х	-	-	-
Health (HE)	Х	-	-	-
Household and Demographics (HD)	x ³	-	Х	-
Race Ethnicity (RL) ⁶	X	Х	х	Х
Employment and caregiving (EC)	X	-	-	-
Health Insurance (HI) ⁴	х	_	x (skip HI18-25)	-
Appointment for Time Diary (AP) ²	x	-	-	-
Time Diary $(TD)^2$	х	-	-	-

¹In NSOC III, items DC13-DC14 (which focus on whether care was continuous since NSOC II) were skipped for the cross-sectional sample and items DC9-DC12 (which ask about care started within the interval since NSOC II) were skipped for the longitudinal sample. ²Added in NSOC III.

³In NSOC I-III, HD was skipped for caregivers who were spouses/partners of NHATS living Sample Persons because that information is available from NHATS. HD6 (number of people live in household) was also skipped in NSOC I and II for caregivers to (living) Sample Persons who were living with the Sample Person according to NHATS. Derived variables fill in this information for users from NHATS (see Appendix B).

⁴Items HI8-HI13 (asset/income items) were skipped for caregivers who were spouses/partners of NHATS living Sample Persons because that information is available from NHATS. Derived variables fill in this information for users from NHATS (see Appendix B). Items HI14-HI25 were skipped for caregivers who were spouses/partners of NHATS Sample Persons (both living and deceased) because these questions do not apply to them. In addition, for caregivers to deceased SPs in NSOC III, items HI18-HI25 were skipped because the reference period is the last year.

⁵Items about distance from the Sample Person and transportation used to get there (in CA in NSOC I and II and in DI in NSOC III) were skipped for coresident caregivers because they do not apply to them.

⁶Added in NSOC II.

⁷In NSOC III, ST and LL were skipped for the cases providing help in the last month and set to -2.

⁸In NSOC III, sections and items that were skipped for these cases are set to -4.

⁹In NSOC I and II and the cross-sectional NSOC III sample, those who did not help last year or last month were ineligible. In the NSOC III longitudinal sample, these cases were asked CA, DC, ST, and RL; other variables are set to -4 for these cases.

¹⁰In NSOC III, section and items that were skipped for caregivers to deceased sample persons are set to -3.

Spouses or partners of living NHATS Sample Persons. In all three rounds, caregivers who were spouses or partners of a (living) NHATS Sample Person skipped information that can be obtained from NHATS. In all three rounds, HD (household and demographics) and HI8-HI13 (assets/income) were skipped. These items were asked in NSOC III for spouses/partners of deceased NHATS Sample Persons. Derived variables for HD and HI provided in Appendix B include information brought over from NHATS for spouse/partner caregivers of living NHATS Sample Persons.

In all three rounds, caregivers who were spouses or partners of a (living) NHATS Sample Person also skipped items about expenditures for the Sample Person and income transfers (HI14-HI25) because these questions do not apply to spouses or partners. Items that are logically skipped for spouses have a value of -1.

Co-resident caregivers. In NSOC I and II, in addition to spouses, caregivers who lived with the NHATS Sample Person skipped the question on the number of other people living in the household with the caregiver (HD6). Derived variables for HD6 for NSOC I and II provided in Appendix B include information brought over from NHATS for co-resident caregivers. In all three rounds, items on types of transportation used and how long it typically takes to get to the Sample Person's home (CA13-CA14b in NSOC I and II and DI in NSOC III) were skipped (because they were not relevant). Items that are logically skipped for coresident caregivers have a value of -1.

Caregivers helping in the last month of life. In NSOC III, caregivers who helped in the last month of life were asked the Last Month of Life (LL) section but skipped some of the Health Care Interactions (HC), Aspects of Care (AC), Support Environment (SE), and Health Insurance (HI) items along with the entire sections on Reasons Stopped (ST), Participation (PP), Health (HE), and Employment and Caregiving (EC). They were also not eligible for the Appointment for Time Diary (AP) section and Time Diary (TD) interview. The fl7spdied flag may be used to identify caregivers who helped deceased SPs.⁴ Sections and items that were skipped for these cases have a value of -3.

Caregivers helping in the last year (but not last month) or helped last year (but not last month) of life. In NSOC III only, these individuals (n=40) skipped *all* sections *except* Care Activities (CA), Duration of Care (DC), reasons they stopped providing care (ST), and Race Ethnicity (RL) sections. For skipped sections responses for these cases are set to -4. These individuals did not skip sections in NSOC I or II.

Caregivers not helping in the last year (or last year of life). In both NSOC I and II, caregivers identified in NHATS as currently helping, who then reported in the Care Activities (CA) Section of NSOC that they provided **no** assistance in the last year, were considered ineligible. In NSOC III, these caregivers were also ineligible for the cross-sectional sample, but were included in the longitudinal sample.⁵ These cases were asked CA, DC, ST, and RL; other variables in the NSOC III longitudinal file are set to -4 for these cases.

⁴ This variable flags caregivers to SPs who completed an LML interview in 2017 and caregivers to SPs who died between the 2017 NHATS interview and NSOC.

⁵ In NSOC III, caregivers who had previously helped in NSOC II were interviewed even if they had not helped in

Additional skips in the NSOC III Longitudinal Sample. The longitudinal sample in NSOC generally followed the skips for the cross-sectional sample with two exceptions. As noted above caregivers who did not help in the last month or last year were interviewed for the longitudinal sample, following the routing for those who stopped helping altogether. In addition, caregivers of living and deceased SPs in the longitudinal sample skip DC9-DC12 (which ask about care started within the interval) and are instead asked DC13-DC14 (which focuses on whether care was continuous since NSOC II). Items that are logically skipped have a value of -1.

Data Files

Overview

The NSOC cross-sectional data release consists of 3 files in Rounds I and II and 5 files in Round III. The NSOC III longitudinal data release consists of 3 files and the NSOC III time diary release consists of 2 files. Sample sizes are shown in Table 9 for each file by round.

Table 9. NSOC Files and Sample Sizes				
Sample	File	NSOC I	NSOC II	NSOC III
Cross-sectional	NSOC File	2,007	2,204	2,652
Cross-sectional	Sample Person Tracker File	8,245	8,334	6,312
Cross-sectional	Other Person Tracker File	38,097	52,285	49,065
Longitudinal	NSOC File	-	-	1,453
Longitudinal	Sample Person Tracker File	-	-	7,576
Longitudinal	Other Person Tracker File	-	-	49,688
Cross-sectional and				
Longitudinal	Time Diary Summary File	-	-	3,210
Cross-sectional and				
Longitudinal	Time Diary Activity File	-	-	56,361

Cross-sectional Files: Linking and Derived Variables

The NSOC file provides one record for each caregiver who participated in NSOC (who cared for an older adult in the last year). This file may be linked to NHATS files with spid (Sample Person Identifier) and other NSOC files with opid (Other Person Identifier).

In all three rounds, the NSOC files include: gender (derived variable based on op1gender from NHATS OP file and NSOC HD 11 & 12); relationship to the Sample Person (from the NHATS OP file); month of NSOC interview; and days between NHATS Sample Person interview and NSOC interview.

Because spouses skip some items that available through NHATS, derived variables are included that combine information from both NSOC and NHATS. Variables include marital status, any living children, number of children, number of children under 18, the caregiver's education

the last month or year as part of the longitudinal sample.

and their spouse or partner's education, the caregiver's month and year of birth and age⁶, their spouse/partner's month and year of birth and age⁷, home ownership and other assets. In addition, for caregivers who skipped *other people living in the household with the caregiver* question (HD6), information on number of people living in their household is provided in a derived variable. In NSOC III, the NSOC File also includes a variable indicating whether the caregiver cared for a living or deceased SP. Details on derived variables are provided in Appendix B. Income imputations are also provided (see Hu et al. (2020) technical paper for details).

The *Sample Person Tracker File* includes all persons with a Sample Person interview in the relevant round and identifies each NHATS respondent (spid) who had a caregiver eligible for NSOC. The file includes a variable (fl#dnsoc) that distinguishes Sample Persons who were eligible for NSOC from all other Sample Persons as well as counts of the number eligible. NSOC III also includes a flag that indicates the vital status (alive/deceased) of the NHATS Sample Person (fl7dtrackspstat).

The *Other Person Tracker File* identifies caregivers who are eligible for NSOC (spid and opid). This file contains one observation for each person in the NHATS OP file, which includes all household members, children, helpers, and social network members associated with each Sample Person. This file may be linked to NHATS files and other NSOC files using spid and opid. The file contains a single derived variable that characterizes NSOC eligibility and result status.

The *Time Diary Files*. In NSOC III, two additional files are provided that include information on activities and wellbeing on the previous day. The Time Diary Summary File identifies each caregiver eligible for the time diary interview and also includes summary information about the diary day. The Time Diary Activity File provides one record for each activity mentioned in the diary. These files may be linked to other NSOC file(s) with spid and opid variables. Crosssectional and longitudinal cases are distinguished with flag variables included on these files. A separate user guide documenting the time diary files and their use is available (Freedman and Cornman 2019).

Longitudinal Files: Linking and Derived Variables

In NSOC III, three longitudinal files are provided. The *Longitudinal NSOC III file* includes one record for each caregiver who participated in NSOC II and completed an NSOC III interview. This file may be linked to NHATS files with the spid variable and to other NSOC files with spid and opid variables. A set of derived variables paralleling those available in the NSOC III cross-sectional file is provided. Details are provided in Appendix B.

⁶ Caregiver age is generated based on NHATS OP file for spouses/partners of SP, and age calculated from HD9.

⁷ Spouse of caregiver age is generated based on NHATS SP file for spouses/partners of SP and age calculated from HD10.

The *Longitudinal NSOC III Sample Person Tracker File* includes all persons with a Sample Person interview in 2015 and identifies each NHATS respondent who had a caregiver eligible for the longitudinal component of NSOC III (spid).

The *Longitudinal NSOC III Other Person Tracker File* identifies each caregiver in NSOC II who is eligible for NSOC III (spid and opid).

Variable Names and Missing Data Conventions

Variable names. Variable names in the NSOC cross-sectional files follow a standard convention. Variables start with "c" (for caregiving), followed by section letters (e.g. CA or DC), followed by NHATS round number (e.g. 1, 5 or 7). This "stem" is followed by a name that reflects the question asked. Whenever possible we used the same name across rounds of NSOC, allowing only the round number (or if section changed, the section letters) to vary. Variables in the NSOC longitudinal files are nearly identical to those in the cross-sectional files but are preceded by an "l" (for longitudinal).

Derived variable names. Variables that are created for users ("derived" variables), use the same naming convention as other variable names, but a "d" is included after the round number.

Flags. Flags are special variables some are set earlier in the interview; others are derived from information in the interview. Typically, flags do not originate from a single item in a section. Flags start with "fl", then the round number, and then "d" if they are derived, followed by a description of the flag.

Routing flags indicate a skip pattern, or in some cases a skip error (see data notices and corrections, below). In NSOC III, fl7routing is provided, which indicates whether the caregiver helped in the last month and the Sample Person was alive (2), helped in the last month and the Sample Person was deceased (3) or did not help in the last month or last month of life (4). In NSOC II and III, routing flags that indicate skip errors use the convention "fl" before "c" then the item number with the routing issue, the NHATS round number, and the word "routing" (e.g. flcac5routing).

Missing Data. NSOC I and II use the NHATS conventions of assigning -1 to variables with purposeful skips, -7 to refused and -8 to don't know and -9 to missing.

In the NSOC III cross-sectional and longitudinal files we expanded the purposeful skip indicator to reflect *why* an individual skipped an item as follows:

- -9 missing (skipped incorrectly)
- -8 don't know
- -7 refused
- -4 did not help in the last month or last month of life
- -3 helped in last month of life and SP deceased
- -2 helped in last month and SP alive

-1 legitimate skip [includes items purposefully skipped for spouses/partners or coresident caregivers and items logically skipped due to a prior response given]

If a case breaks off before the end of the interview (as indicated by c7breakoffst, with the last item indicated by c7breakoffqt), remaining variables are either filled with -8 (don't know) or -1 (inapplicable).

Overview of Weights

The NSOC files also contain weights that account for differential probabilities of selection and nonresponse along with variables for variance estimation (see Table 10). In NSOC III separate cross-sectional weights are available for caregivers to living and deceased SPs and two longitudinal weights (a tracker weight and analytic weight) are provided. Separate technical papers describe the creation of NSOC Weights (Freedman et al. 2019), Time Diary Weights (Freedman & Cornman 2019), and how to incorporate the NSOC sample design into analyses (Freedman et al. 2020).

Table 10. NSOC	Table 10. NSOC Weights by Sample and File				
Sample	File: weight	NSOC I	NSOC II	NSOC III	
	NSOC File: caregivers to living				
Cross-sectional	SPs	w1cgfinwgt0-56	w5cgfinwgt0-56	w7cgfinwgt0-56	
	NSOC File: caregivers to			w7cglmlfinwgt0-	
Cross-sectional	deceased SPs	-	-	56	
Longitudinal	NSOC File: tracker weight	-	-	lw7cgtrwgt0-56	
Longitudinal	NSOC File: analytic weight	-	-	lw7cgfinwgt0-56	
	Time Diary Summary File:				
Cross-sectional	diary weight	-	-	t7diarywgt0-56	
	Time Diary Activity File:				
Cross-sectional	detailed wellbeing weight	-	-	t7dwbwgt0-56	
	Time Diary Summary File:				
Longitudinal	diary weight	-	-	lt7diarywgt0-56	
	Time Diary Activity File:				
Longitudinal	detailed wellbeing weight	-	-	lt7dwbwgt0-56	

Obtaining NSOC Data

NSOC files are designated as Sensitive for purposes of data release. The Instruments and Crosswalk are publicly available at <u>www.nhats.org.</u> To obtain the data files and codebook, go to Sensitive and Restricted Data on the NHATS website and then select Sensitive Data. Download the document titled *Obtaining NHATS Sensitive Data* and follow the instructions.

Data Notices and Corrections

Overview of Changes in Current Releases

NSOC I Version 3

- Provides users with an enhanced set of derived variables that bring together information from NHATS and NSOC [for spouse/partners who skipped items: chd1dmartstat chd1dchldlvng chd1dnumchild chd1dnumchu18 chd1deduc chd1deducsprt chd1dcgbrthmt chd1dcgbrthyr chd1dage chd1dspbrthmt chd1dspbrthyr chd1dspouage chi1downhome chi1dchckacct chi1dsvgsacct chi1dcertdpst chi1dretrplan chi1dmutlfnds; for spouse/partners and other corresident caregivers who skipped an item: chd1dnuminhh].
- Includes multiple imputations for caregiver (and spouse/partner) income [chilincimf chilincim1 chilincim2 chilincim3 chilincim4 chilincim5]. See Hu et al. (2020) technical paper for details.
- Four variables had missing values (.) replaced with the appropriate value indicating inapplicable (-1) [chd1cgbrthmt chd1cgbrthyr chd1spbrthmt chd1spbrthyr].
- The value labels for income brackets have been edited for clarity [chilinc200pv chilinc100pv chilinc400pv].
- The variable label for chd1numinhh has been updated to indicate the caregiver is excluded.

NSOC II Version 4

- Expands the set of derived variables that bring together information from NHATS and NSOC to include items in HI skipped by spouse/partner caregivers [chi5downhome chi5dchckacct chi5dsvgsacct chi5dcertdpst chi5dretrplan chi5dmutfnds].
- Includes multiple imputations for caregiver (and spouse/partner) income [chi5incimf chi5incim1 chi5incim2 chi5incim3 chi5incim4 chi5incim5].
- The derived variable indicating caregiver's age is renamed to indicate that the variable is derived [from chd5age to chd5dage].
- Updates two derived variables included in the prior version to include 0s instead of -1:
 - number of children [chd5numchild]: caregivers with no children are now coded as 0 instead of -1 inapplicable; and
 - number of children less than 18 [chd5dnumchu18]: caregivers with no living children (based on HD4) or caregivers with no children under 18 (with information brought over from opfile) are now coded as 0 instead of -1 inapplicable (34 of the remaining 53 cases with -1 who are flagged as missing chd5chldlvng are suspected to be, but could not be confirmed to be, 0).
- Corrects number of people in the household [chd5dnuminhh] to include the caregiver in the count for all cases and updates the variable label accordingly. (This variable previously was brought together in an inconsistent manner, with the caregiver for those who lived with the NHATS Sample Person counted, but the caregiver for those who did not live with the NHATS Sample Person excluded). The variable label for the updated chd5dnuminhh has also been updated to indicate the caregiver is included.
- The variable label for chd5numinhh has been updated to indicate the caregiver is excluded.

Cross-sectional and Longitudinal NSOC III Files, Version 2

- Expands the set of derived variables that bring together information from NHATS and NSOC to include items in HI skipped by spouse/partner caregivers [chi7downhome chi7dchckacct chi7dsvgsacct chi7dcertdpst chi7dretrplan chi7dmutfnds (cross-sectional file) and lchi7downhome lchi7dchckacct lchi7dsvgsacct lchi7dcertdpst lchi7dretrplan lchi7dmutfnds (longitudinal file)].
- Includes multiple imputations for caregiver (and spouse/partner) income [chi7incimf chi7incim1 chi7incim2 chi7incim3 chi7incim4 chi7incim5 (cross-sectional file) and lchi7incimf lchi7incim1 lchi7incim2 lchi7incim3 lchi7incim4 lchi7incim5 (longitudinal file)].
- Updates two derived variables included in the prior version to include 0s instead of -1:
 - number of children [chd7numchild (cross-sectional file) and lchd7numchild (longitudinal file)]: caregivers with no children are now coded as 0 instead of -1 inapplicable; and
 - number of children under 18 [chd7dnumchu18 (cross-sectional file) and lchd7dnumchu18 (longitudinal file)]: caregivers with no living children are now coded as 0 instead of -1 inapplicable.
- Corrects number of people living in the household [chd7dnuminhh (cross-sectional file) and lchd7dnuminhh (longitudinal file)] to include the caregiver in the count for all cases and the updates variable labels accordingly. (This variable previously was brought together in an inconsistent manner, with the caregiver for those who lived with the NHATS Sample Person counted but the caregiver for those who did not live with the NHATS Sample Person excluded). When two sources are available, preference is given to NSOC over NHATS. The variable labels for chd7dnuminhh and lchd7dnuminhh have been updated to indicate the caregiver is included.
- The variable labels for chd7numinhh and lchd7numinhh have been updated to indicate the caregiver is excluded.
- Updated the missing codes for the questions skipped by those who helped in last the month of life and SP deceased in HC, AC, SE and HI sections [chc7hosphlp, chc7hospset, chc7hosptrain, cac7joylevel, cac7arguelv, cac7spapprlv, cac7nerveslv, cac7exhaustd, cac7toomuch, cac7notime, cac7uroutchg, cse7frfamtlk, cse7frfamact, cse7frfamhlp, chi7gifttosp, chi7gift500, chi7gift1000, chi7gift100, chi7fromsp, chi7frsp500, chi7frsp1000, chi7frsp1000 (cross-sectional file) and lchc7hosphlp, lchc7hospset, lchc7hosptrain, lcac7joylevel, lcac7arguelv, lcac7spapprlv, lcac7nerveslv, lcac7exhaustd, lcac7toomuch, lcac7notime, lcac7uroutchg, lcse7frfamtlk, lcse7frfamact, lcse7frfamhlp, lchi7gifttosp, lchi7gift500, lchi7gift1000, lchi7gift100, lchi7fromsp, lchi7frsp500, lchi7frsp1000, lchi7frsp1000,
- Updates the formatting of spid on the Stata versions of the NSOC, SP tracker, OP tracker, and restricted geographic files so that is no longer displayed using scientific notation.

Known Issues and Flags in Current Releases

NSOC I

• In NSOC I, two respondents who are not spouses/partners of SP mistakenly skipped HD and HI8-HI25 (spid = 10008047 & opid = "005", and spid = 10011173 & opid = "003").

Responses are set to -1.

NSOC II

In NSOC II a few variables were affected by routing errors.

• One respondent who is not spouse/partner of SP mistakenly skipped HI8-HI25 (spid = 20000303 & opid = "002"). Responses are set to -1.

Flags are included to indicate the following issues:

- flcac5routing: 136 persons incorrectly skipped items about disagreement over care (AC8) and doing fair share (AC8A) based on relationship to Sample Person (BOX AC8).
- flche5routing: 9 persons incorrectly skipped whether helping interrupted sleep (HE15)
- flcca5routing: 392 persons who were not in SP's household incorrectly skipped how they usually get to SP's to visit (CA13) and how long it takes (CA14).
- flchd5routing: 392 persons who were not in SP's household incorrectly skipped whether the caregiver (and spouse/partner) had living children (HD3) and how many people lived in their household (HD6). For the subset of adult child caregivers who were incorrectly skipped HD3, (and for spouses who were purposefully skipped HD), this missing information is filled in using information from NSOC and NHATS in the derived variable chd5dchldlvng. For persons incorrectly skipped around HD6, the NHATS Sample Person household size was used to calculate poverty guidelines (at BOX HI11), which are used to compute the percentage of poverty amounts used as fills in HH11-HH13.

NSOC III (Cross-Sectional and Longitudinal Files)

A small number of caregivers had an incorrect value for relationship to NHATS Sample Person and/or whether lived in the NHATS SP's household. Consequently, the following cases have been flagged with routing errors.

- flcdc7routing (lflcdc7routing): 4 (3) persons routed incorrectly through DC
- flcac7routing (lflcac7routing): 31 (16) persons incorrectly skipped items about disagreement over care (AC8) and doing fair share (AC8A)
- flcdi7routing (lflcdi7routing): 9 (31) persons incorrectly skipped the DI section
- flchd7routing (lflhd7routing): 27 (9) persons incorrectly skipped the HD section
- flchi7routing: 1 person routed incorrectly through HI (skipped HI8-HI25)

Summary of Changes in Prior Releases

NSOC I: Version 2 (2014) corrected how many days passed between the NHATS sample person interview and the NSOC interview [c1dintdays] and the month of the NSOC interview [c1intmonth].

NSOC II: Version 2 (2017) recalculated weights (see Memorandum available on <u>www.nhats.org</u> under NSOC Sample Design and Weighting Technical papers). Version 3 (2018) recoded and replaced the race and ethnicity derived variable [crl5dcgracehisp] and added detailed race/ethnicity variables [crl5dsource crl5dyourrace1 crl5dyourrace2 crl5dyourrace3 crl5dyourrace4 crl5dyourrace5 crl5dprimarace crl5dhisplatno]; revised the derived variable indicating number of living children of NSOC respondents [chd5dnumchild] and added derived variables indicating any living children [chd5dchldlvng] and number of living children under age

18 [chd5dnumchu18]); and revised weights [w5cgfinwgt0-w5cgfinwgt56] to remove a small number of ineligible cases from control totals.

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Appendix A. NHATS CC Section Determining NSOC Eligibility

Rounds 1 and 5

Section CC

BOXCC1A BOX CC1A NOT ON FILE If MO6 = 1 (GETS HELP TO GO OUTSIDE) or if MO18 = 1 (GETS HELP GETTING AROUND INSIDE) or if MO25 = 1 (GETS HELP GETTING OUT OF BED) or if SC3 = 1 (GETS HELP EATING) or if SC11 = 1 (GETS HELP WITH BATHING) or if SC17 = 1 (GETS HELP USING TOILET) or if SC23 = 1 (GETS HELP GETTING DRESSED) or if HEALTHREASONHELPWITHLAUNDRY flag=1 (YES) or if HEALTHREASONHELPWITHSHOPPING flag=1(YES) or if HEATLHREASONHELPWITHMEALS flag=1 (YES) or ifHEATLHREASONHELPWITHBANKINGflag=1(YES)or ifHEALTHREASONEHELPWITHHELPTRACKMEDSflag=1(YES)or if FACILITY flag = 1 (YES), SP is eligible for NSOC BOX CC1C BOXCC1C NOT ON FILE Loop through BOX_CC1C for each PERSON ROSTER member with a HELPER flag = 1 (YES). If PERSON ROSTER member HELPER flag = 1 (YES) and RELATIONSHIP to SP = 2-29 or 91, set CAREGIVER ELIGCG=1(YES). Else if PERSON ROSTER member HELPER flag = 1 (YES) and HL5 (PAID HELP) = 2 (NO, NOT PAID), set CAREGIVER ELIGCG=1 (YES). Otherwise, if PERSON ROSTER member HELPER flag = 1 (YES), set CAREGIVER ELIGCG flag=2(NO). Write CAREGIVER ELICG flag value to PERSON ROSTER for each member with a HELPER flag=1 (YES).

If there are 5 or less PERSON ROSTER members with CAREGIVER ELIGCG flag=1 (YES), set NSOC flag=1 (YES) and write CAREGIVER SMPCG flag=1 (YES) to PERSON ROSTER for each member.

Else if there are more than 5 PERSON ROSTER members with CAREGIVER ELIGCG flag=1 (YES), set NSOC flag=1 (YES) and go to Box CC1d.

If no PERSON ROSTER member CAREGIVER ELIGCG flag=1 (YES), set NSOC flag= 2 (NO).

BOX CC1D

BOXCC1D

NOT ON FILE

When there are more than 5 PERSON ROSTER members with CAREGIVER ELIGCG flag=1 (YES), generate and assign a CAREGIVER RANDOM NUMBER with an interval of o-1 for each PERSON ROSTER member with CAREGIVER ELIGCG flag=1 (YES).

Sort the PERSON ROSTER members in ascending order of their random numbers. Assign CAREGIVER SMPCG flag=1 (YES) for the first 5 caregivers. Assign CAREGIVER SMPCG flag = 2(NO) for the remaining caregivers.

Write CAREGIVER RANDOM NUMBER and CAREGIVER SAMPCG flag to PERSON ROSTER for each member with a CAREGIVER ELIGCG flag=1 (YES).

Round 7

Section	CC	
BOX CC1	BOX CC1	NOT ON FILE
I	If (MO6 = 1 (GETS HELP TO GO OUTSIDE) o MO18 = 1 (GETS HELP GETTING AROUND IN MO25 = 1 (GETS HELP GETTING OUT OF BE SC3 = 1 (GETS HELP EATING) or SC17 = 1 (GETS HELP WITH BATHING) or SC23 = 1 (GETS HELP USING TOILET) or SC23 = 1 (GETS HELP USING TOILET) or HEALTHREASONHELPWITHLAUNDRY flag HEALTHREASONHELPWITHSHOPPING flag HEALTHREASONHELPWITHSHOPPING flag HEALTHREASONHELPWITHBANKING flag; HEALTHREASONHELPWITHBANKING flag; SET SPHIGHNEED flag = 1 (YES),	NSIDE) or D) or = 1 (YES) or (= 1 (YES) or (YES) or = 1 (YES) or EDS flag = 1 (YES) or
	If (MO6 = 1 (GETS HELP TO GO OUTSIDE) of MO18 = 1 (GETS HELP GETTING AROUND IN MO25 = 1 (GETS HELP GETTING OUT OF BE SC3 = 1 (GETS HELP EATING) or SC11 = 1 (GETS HELP WITH BATHING) or SC17 = 1 (GETS HELP USING TOILET) or SC23 = 1 (GETS HELP GETTING DRESSED)) a Set SPHIGHNEEDEOL flag = 1 (YES).	NSIDE) or D) or
BOX CC2	BOX CC2	NOT ON FILE
	If SPHIGHNEED flag =1 (YES) or SPHIGHNEE Otherwise, go to BOX CC5 (Determination)	
BOX CC3	BOX CC3	NOT ON FILE
	If INHH flag = 1 (YES), write SP address1, ac ROSTER member.	ROSTER member with a HELPER flag = 1 (YES). Idress2, city, state, and zip to PERSON ROSTER for PERSON
	ELIGCG=1 (YES). Else if PERSON ROSTER member HELPER f	: 1 (YES) and RELATIONSHIP to SP = 1-29 or 91, set CAREGIVER lag = 1 (YES) and PAIDHELP (from HL5 or HM3) = 2 (NO, NOT
	Write CAREGIVER ELIGCG flag value to PER	ELPER flag = 1 (YES), set CAREGIVER ELIGCG flag=2 (NO). RSON ROSTER for each member with a HELPER flag=1 (YES). ate NSOC CG ELIGCG COUNT. If CAREGIVER ELIGCG= 1 (YES),
	If there are more than 5 PERSON ROSTER ((Sampling).	members with CAREGIVER ELIGCG flag=1 (YES), go to BOX CC4
	SMPCG flag=1 (YES) to PERSON ROSTER fo	bers with CAREGIVER ELIGCG flag=1 (YES), write CAREGIVER or each member, Loop through the PERSON ROSTER to create IPCG=1 (YES), increment NSOC ALL SMPCG COUNT by 1, and
	Otherwise, if there are o PERSON ROSTER	members with CAREGIVER ELIGCG flag=1 (YES), set NSOC

CG flag=1 (YES), set NSO CGSMPCG COUNT=0, and go to BOX CC5 (Determination). VERIELIC

BOX CC4	BOX CC4 NOT ON FILE
	When there are more than 5 PERSON ROSTER members with CAREGIVER ELIGCG flag=1 (YES), generate and assign a CAREGIVER RANDOM NUMBER with an interval of 0-1 for each PERSON ROSTER member with CAREGIVER ELIGCG flag=1 (YES).
	Sort the PERSON ROSTER members in ascending order of their random numbers. Assign CAREGIVER SMPCG flag=1 (YES) for the first 5 caregivers. Assign CAREGIVER SMPCG flag = 2(NO) for the remaining caregivers.
	Loop through the PERSON ROSTER to create NSOC CGSMPCG COUNT. If CAREGIVER SMPCG= 1 (YES), increment NSOC ALL SMPCG COUNT by 1.
	Write CAREGIVER RANDOM NUMBER and CAREGIVER SAMPCG flag to PERSON ROSTER for each member with a CAREGIVER ELIGCG flag=1 (YES).
BOX CC5	BOX CC5 NOT ON FILE
	Loop through PERSON ROSTER members with CAREGIVER SMPCG flag=1 (YES) or CG LAST NSOC flag=1 (YES).
	If CAREGIVER SMPCG flag=1 (YES) and CG LAST NSOC flag = 1 (YES) set CG TRC flag=1 (CONTINUING). Else if CAREGIVER SMPCG flag=1 (YES) and CG LAST NSOC flag < 1 (YES) set CG TRC flag=2 (NEW). Else if CAREGIVER SMPCG flag < 1 (YES) and CG LAST NSOC flag = 1(YES) and CG DECEASED flag < 1 (YES) set CG TRC flag=3 (STOPPED). Else if CAREGIVER SMPCG flag < 1 (YES) and CG LAST NSOC flag = 1(YES) and CG DECEASED flag < 1 (YES) set CG TRC flag=3 (STOPPED). Else if CAREGIVER SMPCG flag < 1 (YES) and CG LAST NSOC flag = 1(YES) and CG DECEASED flag $= 1$ (YES) set CG TRC flag=4 (DECEASED).
	Loop through PERSON ROSTER members with CAREGIVER SMPCG flag=1 (YES) or CG LAST NSOC flag=1 (YES). (YES). If CAREGIVER SMPCG <> 1 (YES) and CG LAST NSOC flag = 1 (YES), increment NSOC CG OTHER COUNT by
	1.
	If all ROSTER MEMBERS have a CG TRC flag=4 (DECEASED) go to BOX CC19, (Write out case)
	Otherwise go to CC5.

Appendix B. NSOC Derived Variables

NSOC Cross-sectional files

Variable Name	CODING SPECIFICATIONS	VALUES and VALUE
VARIABLE LABEL		LABELS
c#dgender	NSOC I, II and III:	1 = Male
C# D HD 11 12 CG GENDER	op#gender from the NHATS OP file was confirmed in the	2 = Female
	NSOC interview. Caregivers were given the opportunity to correct the gender reported by the SP.	
c#relatnshp	NSOC I, II and III:	Relationship codes in
C# OPRELATNSHP FROM OP FILE	c#relatnshp = op#relatnshp (the relationship to the Sample Person as reported by the SP)	op#relatnshp codes
c#intmonth	NSOC I, II and III:	1 = May
C# MONTH OF NSOC INTERVIEW	Month of the NSOC interview	2 = June
		3 = July
		4 = August
		5 = September
		6 = October
		7 = November
c#dintdays	NSOC I, II and III:	1 = 30 days or less
C# D DAYS BETWN Sample	Days between the NHATS Sample Person interview and the	2 = 31 to 60
Person INT CG INT	NSOC interview	3 = 61 to 90
		4 = 91 to 120
		5 = 121 days or more
chd#dmartstat	NSOC I and II:	-9 = missing
C# D HD1 MARITAL STATUS	chd#dmartstat=hh#dmarstat if c#relatnshp=2	-8 = DK
	Otherwise, ch#dmarstat=HD1	-7 = RF
		-4 = Did not help last month
	NSOC III:	or in last month of life
	-4 if fl7routing=4	1 = Married
	5 if r7dresid=6 and c7relatnshp=2	2 = Living with a partner
	Else chd7dmartstat=hh7dmarstat if c7relatnshp=2 and	3 = Separated
	f17spdied = -1	4 = Divorced
	Else chd7dmartstat=HD1	5 = Widowed
		6 = Never married

chd#dchldlvng	NSOC I:	-9 = Missing
C# D HD3 HAVE CHILDREN LIVING	chd1dchldlvng=1 if (c1relatnshp=2 & cs1dnumchild>0)	-8 = DK
	chd1dchldlvng=2 if (c1relatnshp=2 & cs1dnumchild=0)	-7 = RF
	Else chd1dchldlvng=chd1chldlvng	-4 = Did not help last month
		or in last month of life
	NSOC II:	-1 = Inapplicable
	chd5dchldlvng=1 if chd5numchild>0	1 = YES
	chd5dchldlvng=1 if (c5relatnshp=2 & cs5dnumchild>0) or	2 = NO
	((c5relatnshp=3 or 4 or 7 or 8) & op5numchldrn>0 &	
	chd5chldlvng = -1 or -9)	
	chd5dchldlvng=2 if (c5relatnshp=2 & cs5dnumchild=0) or	
	((c5relatnshp=3 or 4 or 7 or 8) & op5numchldrn=0 &	
	chd5chldlvng =-1 or -9)	
	Else chd5dchldlvng=chd5chldlvng	
	NSOC III:	
	chd7dchldlvng=-4 if fl7routing=4	
	chd7dchldlvng=1 if (c7relatnshp=2 & cs7dnumchild>0 &	
	f17spdied = -1	
	chd7dchldlvng=2 if (c7relatnshp=2 & cs7dnumchild=0 &	
	fl7spdied = -1)	
	Else chd7dchldlvng= chd5chldlvng	
chd#dnumchild	NSOC I:	0 to XX
C# D HD4 NUMBER OF	chd1dnumchild=0 if chd1chldlvng=2	-9 = missing
CHILDREN	chd1dnumchild=cs1dnumchild if c1relatnshp=2	-7 = RF
CHILDREN	Else chd1dnumchild=chd1numchild	-4 = Did not help last month
		or in last month of life
	NSOC II:	-1 = Inapplicable
	chd5dnumchild=0 if chd5chldlvng=2	-1 – mappicable
	chd5dnumchild=cs5dnumchild if c5relatnshp=2	
	chd5dnumchild=op5numchldrn if chd5chldlvng = $-9 \&$	
	(c5relatnshp=3 or 4 or 7 or 8)	
	Else chd5dnumchild=chd5numchild	
	NSOC III:	
	-4 if fl7routing=4	
	chd7dnumchild = 0 if chd7chldlvng=2	
	chd7dnumchild = cs7dnumchild if c7relatnshp=2 and	
	fl7spdied = -1	
	hi/spuicu – - i	

	Else chd7dnumchild = chd7numchild	
chd#dnumchu18	NSOC I:	0 to XX
C# D HD5 NUMBER CHILDREN	chd1dnumchu18 = 0 if $chd1dnumchild = 0$;	-9 = Missing
UNDER 18	chd1dnumchu18 = Count of persons where op1relatnshp = 3	C C
	or 4 or 7 or 8 and op lage is > 0 and <18 if c1relationship =	-7 = RF
	2;Else chd1dnumchu18=chd1numchu18	-4 = Did not help last month
		or last month of life
	NSOC II:	-1 = Inapplicable
	chd5dnumchu18 = 0 if $chd5dnumchild = 0$	
	chd5dnumchu18 = Count of persons where op5relatnshp = 3	
	or 4 or 7 or 8 and op5age is > 0 and <18 if c5relatnshp = 2	
	chd5dnumchu18=op5numchdu18 if chd5chldlvng=-9 &	
	(c5relatnshp=3 or 4 or 7 or 8) & op5anychdu18=1 &	
	chd5numchu18 = -1	
	chd5dnumchu18=0 if chd5chldlvng=-9 & (c5relatnshp=3 or 4	
	or 7 or 8) & op5anychdu18=2 & chd5numchu18 =-1	
	Else chd5dnumchu18= chd5numchu18	
	NSOC III:	
	-4 if fl7routing=4	
	chd7dnumchu18 = 0 if $chd7dnumchild = 0$	
	chd7dnumchu18=Count of persons where op7relatnshp = 3 or	
	4 or 7 or 8 and op7age is > 0 and <18 if c7relatnshp= 2 and	
	fl7spdied = -1	
	Else chd7dnumchu18= chd7numchu18	
chd#dnuminhh	NSOC I:	1 to XX
C# D HD6 NUMBR OF PEOPLE		-9 = missing
LIVE HERE INCLUDING CG	chd1dnuminhh=chd1numinhh + 1 if chd1numinhh>=0	-8 = DK
	Else chd1dnuminhh=hh1dhshldnum if op1prsninhh=1 &	-7 = RF
	chd1numinhh = -1 & hh1dhshldnum > 0	-4 = Did not help last month
		or in last month of life
	NSOC II:	-1* = Inapplicable
	chd5dnuminhh=chd5numinhh+1 if chd5numinhh >= 0	
	Else chd5dnuminhh=hh5dhshldnum if op5prsninhh=1 &	*A small number of
	chd5numinhh = -1 & hh5dhshldnum > 0	spouses/partners of SPs who
		did not live with the SP but
	NSOC III:	skipped chd#numinhh were
	-4 if fl7routing=4	assigned a missing value of
	chd7dnuminhh=chd7numinhh +1 if chd7numinhh >=0	-1 on this derived variable.
	Else chd7dnuminhh=hh7dhshldnum if op7prsninhh=1 &	

	hh7dhshldnum > 0 & fl7spdied = -1 & c7relatnshp=2	
chd#deduc	NSOC I and II:	-9 = missing
C# D HD7 HIGHEST DEGREE	chd#deduc= op#leveledu if c#relatnshp=2	-8 = DK
OR GRADE	Else chd#deduc=HD7	-7 = RF
		-4 = Did not help last month
	NSOC III:	or in last month of life
	-4 if fl7routing=4	1 = No schooling completed
	Else chd7deduc= op7leveledu if c7relatnshp=2 and fl7spdied	
		3 = 9th to 12th grade (no diploma)
	Else chd7deduc=HD7	4 = High school graduate (High
		school diploma or equivalent)
		5 = Vocational, technical,
		· · ·
		business, or trade school
		certificate or diploma (beyond
		high school level)
		6 = Some college but no degree
		7 = Associate's degree
		8 = Bachelor's degree
		9 = Master's, professional, or
		doctoral degree
chd#deducsprt	NSOC I:	-9 = missing
C# D HD8 SPOUS PARTR HIGH	chd1deducsprt = el1higstschl if c1relatnshp=2	-8 = DK
DEGREE	Else $chd1deducsprt = chd1educsprt$	-7 = RF
		-1 = Inapplicable
	NSOC II:	-4 = Did not help last month
	chd5deducsprt = el5higstschl if r5dcontnew=2 &	or in last month of life
	c5relatnshp=2	-1 Inapplicable
	Else chd5deducsprt= el1higstschl if r5dcontnew=1	1 = No schooling completed
	& c5relatnshp=2	2 = 1 st to 8th grade
	Else chd5deducsprt=HD8	3 = 9th to 12th grade (no diploma)
		4 = High school graduate (High
	NSOC III:	school diploma or equivalent)
	-4 if fl7routing=4	5 = Vocational, technical,
	Else chd7deducsprt = el5higstschl if r5dcontnew=2 &	business, or trade school
	c7relatnshp=2 and fl7spdied = -1	certificate or diploma (beyond
	Else chd7deducsprt= el1higstschl if r5dcontnew=1 &	high school level)
	c7relatnshp=2 and fl7spdied = -1	6 = Some college but no degree
	Else chd7deducsprt=HD8	7 = Associate's degree
	Lise end / deddespite Tible	/ – Associate s degree

		9 = Master's, professional, or
		doctoral degree
chd#dcgbrthmt	NSOC I and II:	-9 = missing
C# D HD9 CG BIRTHDATE MONTH	chd#dcgbrthmt= op#birthmth if c#relatnshp=2	-8 = DK
	Else chd#dcgbrthmt=HD9	-7 = RF
	č	-4 = Did not help last month
	NSOC III:	or in last month of life
	-4 if fl7routing=4	-1 = Inapplicable
	Else chd7dcgbrthmt= op7birthmth if c7relatnshp=2 &	1= January
	f17spdied = -1	2 = February
	Else chd7dcgbrthmt=HD9	3 = March
		4 = April
		5 = May
		6 = June
		7 = July
		8 = August
		9 = September
		10 = October
		11 = November
		12 = December
chd#dcgbrthyr	NSOC I and II:	-9 = missing
C# D HD9 CG BIRTHDATE YEAR	chd#dcgbrthyr=op#birthyear if c#relatnshp=2	-8 = DK
	Else chd#dcgbrthyr = HD9	-7 = RF
		-4 = Did not help last month
	NSOC III:	or in last month of life
	-4 if fl7routing=4	-1 = Inapplicable
	Else chd7dcgbrthyr = op7birthyear if c7relatnshp=2 and	Year of caregiver's birth
	fl7spdied = -1	
	Else chd7dcgbrthyr =HD9	
chd#dage	NSOC I and II:	-9 = missing
C# D HD9 CG AGE	chd#dage=op#age if c#relatnshp = 2	-8 = DK
	Else $chd#dage = age calculated from HD9$	-7 = RF
		-4 = Did not help last month
	NSOC III:	or in last month of life
	-4 if fl7routing=4	Age in years
	chd#dage=op#age if c7relatnshp = 2	
	Else use derived birth month and year in calculation:	
	chd7dcgbrthmt and chd7dcgbrthyr	
chd#dspbrthmt	NSOC I:	-9 = missing

C# D HD10 SPOUS PARTR DOB	chd1dspbrthmt = r1dbirthmth if c1relatnshp = 2	-8 = DK
MONTH	chd1dspbrthmt = -1 if $chd1martstat > 2$ or $chd1martstat = -8$	-7 = RF
	or chd1martstat == -7	-4 = Did not help last month
	ELSE chd1dspbrthmt = chd1spbrthmt	or in last month of life
		-1 = Inapplicable
	NSOC II:	1= January
	chd5dspbrthmt =r5dbirthmth if c5relatnshp=2	2 = February
	Else chd5dspbrthmt=HD10	3 = March
		4 = April
	NSOC III:	5 = May
	-4 if fl7routing=4	6 = June
	Else chd7dspbrthmt =r5dbirthmth if c7relatnshp=2 and	7 = July
	fl7spdied = -1	8 = August
	Else chd7dspbrthmt=HD10	9 = September
		10 = October
		11 = November
		12 = December
chd#dspbrthyr	NSOC I:	-9 = missing
C# D HD10 SPOUS PARTR DOB	chd1dspbrthyr = r1dbirthyr if $c1relatnshp = 2$	-8 = DK
YEAR	chd1dspbrthyr = -1 if chd1martstat > 2 or chd1martstat == -8	-7 = RF
	or chd1martstat == -7	-4 = Did not help last month
	ELSE chd1dspbrthyr = chd1spbrthyr	or in last month of life
		-1 = Inapplicable
	NSOC II:	Year of caregiver's
	chd5dspbrthyr= r5dbirthyr if c5relatnshp=2	spouse/partner's birth
	Else chd5dspbrthyr= HD10	1 1
	NSOC III:	
	-4 if fl7routing=4	
	Else chd7dspbrthyr= r5dbirthyr if c7relatnshp=2	
	Else chd7dspbrthyr= HD10	
chd#dspouage	NSOC I and II:	-9 = missing
C# D HD10 SPOUS PARTR AGE	chd#dspouage=r#dintvwrage if c#relatnshp=2	-8 = DK
	Else chd#dspouage=age calculated from HD10	-7 = RF
		-4 = Did not help last month
	NSOC III:	or in last month of life
	-4 if fl7routing=4	-1 = Inapplicable
	Else chd7dspouage=r7dintvwrage if c7relatnshp=2 and	Age in years
	fl7spdied = -1	

	Else chd7dspouage=age calculated from HD10	
crl#dcgracehisp	NSOC II:	1 =White, non-Hispanic
C# D CG RACE AND HISPANIC	1 if $(crl5dyourrace1 = 1 and crl5dprimarace = -1 and$	2 =Black, non-Hispanic
ETHNICITY	crl5dhisplatno NE 1) or (crl5dprimarace = 1 and	3 =Other (Am Indian/Asian/Native
	crl5dhisplatno NE 1)	Hawaiian/Pacific Islander/other
	2 if $(crl5dyourrace2 = 1 and crl5dprimarace = -1 and$	specify), non-Hispanic
	crl5dhisplatno NE 1) or (crl5dprimarace = 2 and	4 =Hispanic
	crl5dhisplatno NE 1)	
	3 if $(crl5dyourrace3 = 1 and crl5dprimarace = -1 and$	NSOC II:
	crl5dhisplatno NE 1) or $(crl5dyourrace4 = 1 and$	5 = DKRF
	crl5dprimarace = -1 and $crl5dhisplatno NE 1) or$	6 = Missing
	(crl5dyourrace5 = 1 and crl5dprimarace = -1 and	
	crl5dhisplatno NE 1) or (crl5dprimarace = 3 or 4 or 5 and	NSOC III:
	crl5dhisplatno NE 1)	5 = More than one and DKRF
	4 if crl5dhisplatno = 1	primary
	5 if (crl5dyourrace1 = -7 or -8 and crl5dyourrace2 = -7 or -8	
	and cr15dyourrace3 = -7 or -8 and cr15dyourrace4 = -7 or -8	
	and cr15dyourrace5 = -7 or -8 and cr15dprimarace = -1 and $cr15dprimarace = -1$	
	crl5dhisplatno NE 1) or (crl5dprimarace = -7 or -8 and	
	crl5dhisplatno NE 1)	
	6 otherwise	
	NSOC III:	
	1 if (crl7yourrace1 = 1 and crl7primarace = - 1 and	
	crl7hisplatno = 2 or -7 or -8) or (crl7primarace = 1 and -1)	
	crl7hisplatno = 2 or -7 or -8)	
	2 if $(crl7yourrace2 = 1 and crl7primarace = -1 and$	
	crl7hisplatno = 2 or -7 or -8) or (crl7primarace = 2 and)	
	crl7hisplatno = 2 or -7 or -8)	
	3 if [(crl7yourrace3 = 1 or crl7yourrace4 = 1 or crl7yourrace5	
	= 1) and crl7primarace = -1 and crl7hisplatno = 2 or -7 or -8]	
	or (crl7primarace = 3 or 4 or 5 and crl7hisplatno = 2 or -7 or -	·
	8)	
	4 if crl7hisplatno =1	
	6 if (crl7yourrace1 through crl7yourrace5 and crl7hisplatno)	
	= 2 or -7 or -8 or -1	
	Else 5 if crl7primarace = -7 or -8 or -1	
chi#downhome	NSOC I and II:	-9 = Missing

C# HI8 OWN YOUR HOME	chi#downhome = 2 if (hp#ownrentot = 2 or hp#ownrentot = 3) & c#relatnshp = 2 Else chi#downhome = chi#ownhome	-8 = DK -7 = RF -4 = Did not help last month -1 = Inapplicable 1 = YES 2 = NO
chi#dchckacct	NSOC I and II:	-9 = Missing
C# HI9A CG HAS CHECKING ACCT	chi#dchckacct = 2 if ia#bnkacccd4 = 1 & c#relatnshp = 2	-8 = DK -7 = RF -4 = Did not help last month 1 = YES
	NSOC III:	2 = NO
	-4 if fl7routing=4 Else chi7dchckacct = 1 if ia7bnkacccd4 = 2 & c7relatnshp = 2 & fl7spdied = -1 Else chi7dchckacct = 2 if ia7bnkacccd4 = 1 & c7relatnshp = 2 & fl7spdied = -1 Else chi7dchckacct = chi7chckacct	
chi#dsvgsacct	NSOC I and II:	-9 = Missing
C# HI9B CG HAS SAVINGS ACCOUNT		-8 = DK -7 = RF
	Else chi#dsvgsacct = chi#svgsacct	-4 = Did not help last month 1 = YES
		2 = NO
	-4 if fl7routing=4 Else chi7dsvgsacct = 1 if ia7bnkacccd8 = 2 & c7relatnshp = 2 & fl7spdied = -1 Else chi7dsvgsacct = 2 if ia7bnkacccd8 = 1 & c7relatnshp = 2 & fl7spdied = -1 Else chi7dsvgsacct = chi7svgsacct	
chi#dcertdpst	NSOC I and II:	-9 = Missing
C# HI9C CG HAS CERT OF DEPOSIT	r r r r r r r r r r	-8 = DK -7 = RF

	Else chi#dcertdpst = chi#certdpst	-4 = Did not help last month
		1 = YES
		2 = NO
	-4 if fl7routing=4	
	Else chi7dcertdpst = 1 if ia7bnkaccc12 = 2 & c7relatnshp = 2	
	& fl7spdied = -1	
	Else chi7dcertdpst = 2 if ia7bnkaccc12 = 1 & c7relatnshp = 2	
	& fl7spdied = -1	
	Else chi7dcertdpst = chi7certdpst	
chi#dretrplan	NSOC I and II:	-9 = Missing
C# HI9D CG HAS RETIREMENT	chi#dretrplan = 1 if ia#iraothac3 = 2 & c#relatnshp = 2	-8 = DK
PLAN	chi#dretrplan = 2 if ia#iraothac3 = 1 & c#relatnshp = 2	-7 = RF
	Else chi#dretrplan = chi#retrplan	-4 = Did not help last month 1 = YES
	NSOC III:	2 = NO
	-4 if fl7routing=4	
	Else chi7dretrplan = 1 if ia7iraothac3 = 2 & c7relatnshp = 2	
	& fl7spdied = -1	
	Else $chi7dretrplan = 2$ if $ia7iraothac3 = 1 \& c7relatnshp = 2$	
	& fl7spdied = -1	
	Else $chi7dretrplan = chi7retrplan$	
chi#dmutlfnds	NSOC I and II:	-9 = Missing
C# HI9E CG HAS STOCKS MUT	chi#dmutlfnds = 1 if ia#mutfdstk4 = 2 & c#relatnshp = 2	-8 = DK
FUNDS	chi#dmutlfnds = 2 if ia#mutfdstk4 = 1 & c#relatnshp = 2	-7 = RF
	chi#dmutlfnds = ia#mutfdstk4 if ia#mutfdstk4 <0 &	-4 = Did not help last month
	c#relatnshp = 2	1 = YES
		2 = NO
	NSOC III:	
	-4 if fl7routing=4	
	Else chi7dmutlfnds=1 if ia7mutfdstk4=2 & c7relatnshp=2 &	
	f17spdied = -1	
	Else chi7dmutlfnds=2 if ia7mutfdstk4=1 & c7relatnshp=2 &	
	f17spdied = -1	
	Else chi7dmutlfnds=chi7mutlfnds	
FLAG	NSOC I and II:	-4 = Did not help last month
chi#incimf	1 if income value reported in HI10	1 = Reported in NSOC I
	2 if income skipped in NSOC for spouse/partner of SP, and	2 = Reported in NHATS R1
FLG	reported income in NHATS were brought over	(Spouse/partner of SP)

	3 if income imputed in NSOC	3 = Imputed in NSOC I
	4 if income imputed in NHATS for spouse/partner of SP	4 = Imputed in NHATS R1
		(Spouse/partner of SP)
	NSOC III:	
	-4 if fl7routing=4	
	1 if income value reported in HI10	
	2 if income skipped in NSOC for spouse/partner of SP, and	
	reported income in NHATS were brought over	
	3 if income imputed in NSOC	
	4 if income imputed in NHATS for spouse/partner of SP	
FLAG	NSOC III:	2 = Helped last month,
fl7routing	2 if fl7spdied=-1 and fl7helplstmth=1	Sample Person alive
C7 F NSOC ROUTING	3 if fl7spdied=1 and fl7helplstmth=1	3 = Helped last month of life,
	4 if fl7helpyear=1 or fl7nohelpyear=1	Sample Person deceased
		4 = Did not help last month
		or in last month of life

NSOC Longitudinal file		
Variable Name VARIABLE LABEL	CODING SPECIFICATIONS	VALUES and VALUE LABELS
lc#dgender C# D HD 11 12 CG GENDER	NSOC III: op#gender from the NHATS OP file was confirmed in the NSOC interview. Caregivers were given the opportunity to correct the gender reported by the SP.	1 = Male 2 = Female
lc#relatnshp C# OPRELATNSHP FROM OP FILE	NSOC III: lc#relatnshp = op#relatnshp (the relationship to the Sample Person as reported by the SP)	Relationship codes in op#relatnshp codes
lc#intmonth C# MONTH OF NSOC INTERVIEW	NSOC III: Month of the NSOC interview	1 = May 2 = June 3 = July 4 = August 5 = September 6 = October 7 = November

lc#dintdays	NSOC III:	1 = 30 days or less
C# D DAYS BETWN Sample Person		2 = 31 to 60
INT CG INT	NSOC interview	3 = 61 to 90
		4 = 91 to 120
		5 = 121 days or more
lchd#dmartstat	NSOC III:	-8 = DK
C# D HD1 MARITAL STATUS	-4 if lfl7routing=4	-7 = RF
	5 if (r7dresid=6 and lc7relatnshp=2) or (r6dresid=6 and	-4 = Did not help last month or in
	lc7relatnshp=2)	last month of life
	Else lchd7dmartstat=hh7dmarstat if lc7relatnshp=2 and	1 = Married
	lfl7spdied = -1	2 = Living with a partner
	Else lchd7dmartstat=HD1	3 = Separated
		4 = Divorced
		5 = Widowed
		6 = Never married
lchd#dchldlvng	NSOC III:	-9 = Missing
C# D HD3 HAVE CHILDREN LIVING	-4 if lfl7routing=4	-8 = DK
	1 if (lc7relatnshp=2 & cs7dnumchild>0 and lfl7spdied = -1)	-7 = RF
	2 if (lc7relatnshp=2 & cs7dnumchild=0 and lfl7spdied = -1)	-4 = Did not help last month or in
	Else lchd7dchldlvng=HD3	last month of life
		-1 = Inapplicable
		1 = YES
		2 = NO
lchd#dnumchild	NSOC III:	0 to XX
C# D HD4 NUMBER OF CHILDREN	-4 if lfl7routing=4	-9 = Missing
	lchd7dnumchild = 0 if lchd7chldlvng=2	-7 = RF
	Else lchd7dnumchild = $cs7dnumchild$ if $lc7relatnshp=2$ and	-4 = Did not help last month or in
	lfl7spdied = -1	last month of life
	Else lchd7dnumchild = HD4	-1 = Inapplicable
lchd#dnumchu18	NSOC III:	0 to XX
C# D HD5 NUMBER CHILDREN	-4 if lfl7routing=4	-9 = Missing
UNDER 18	lchd7dnumchu18 = 0 if $lchd7dnumchild = 0$	-8 = DK
	if lc7relatnshp= 2 and lfl7spdied = -1: Count of persons	-7 = RF
	where $op7relatnshp = 3 \text{ or } 4 \text{ or } 7 \text{ or } 8 \text{ and } op7age \text{ is } > 0 \text{ and}$	-4 = Did not help last month or last
		month of life
1 1 1// 1 . 1 1	Else lchd7dnumchu18=HD5	-1 = Inapplicable
lchd#dnuminhh	NSOC III:	1 to XX
C# D HD6 NUMBR OF PEOPLE LIVE	-4 if fl7routing=4	-9 = Missing

HERE INCLUDING CG	lchd7dnuminhh=lchd7numinhh+1 if lchd7numinhh>=0 Else lchd7dnuminhh=hh7dhshldnum if op7prsninhh = 1 & hh7dhshldnum > 0 & lfl7spdied= -1 & lc7relatnshp = 2	-8 = DK -7 = RF -4 = Did not help last month or in last month of life
lchd#deduc C# D HD7 HIGHEST DEGREE OR GRADE	NSOC III: -4 if lfl7routing=4 Else lchd7deduc= op7leveledu if lc7relatnshp=2 and lfl7spdied = -1 Else lchd7deduc=HD7	 -1 = Inapplicable -8 = DK -7 = RF -4 = Did not help last month or in last month of life 1 = No schooling completed 2 = 1st to 8th grade 3 = 9th to 12th grade (no diploma) 4 = High school graduate (High school diploma or equivalent) 5 = Vocational, technical, business, or trade school certificate or diploma (beyond high school level) 6 = Some college but no degree 7 = Associate's degree 8 = Bachelor's degree
lchd#deducsprt C# D HD8 SPOUS PARTR HIGH DEGREE	NSOC III: -4 if lfl7routing=4 Else lchd7deducsprt = el5higstschl if r5dcontnew=2 & lc7relatnshp=2 and lfl7spdied = -1 Else lchd7deducsprt= el1higstschl if r5dcontnew=1 & lc7relatnshp=2 and fl7spdied = -1 Else lchd7deducsprt=HD8	 9 = Master's, professional, or doctoral degree -8 = DK -7 = RF -1 = Inapplicable -4 = Did not help last month or in last month of life 1 = No schooling completed 2 = 1st to 8th grade 3 = 9th to 12th grade (no diploma) 4 = High school graduate (High school diploma or equivalent) 5 = Vocational, technical, business, or trade school certificate or diploma (beyond high school level) 6 = Some college but no degree 7 = Associate's degree 8 = Bachelor's degree

	9 = Master's, professional, or
	doctoral degree
NSOC III:	-8 = DK
-4 if lfl7routing=4	-7 = RF
lchd7dcgbrthmt= op7birthmth if lc7relatnshp=2 & 1fl7spdied	-4 = Did not help last month or in
= -1	last month of life
Else lchd7dcgbrthmt=HD9	1= January
	2 = February
	3 = March
	4 = April
	5 = May
	6 = June
	7 = July
	8 = August
	9 = September
	10 = October
	11 = November
	12 = December
NSOC III:	-8 = DK
-4 if lfl7routing=4	-7 = RF
	-4 = Did not help last month or in
1	last month of life
Else lchd7dcgbrthyr =HD9	Year of caregiver's birth
	-8 = DK
0	-7 = RF
	-4 = Did not help last month or in
	last month of life
lchd7dcgbrthmt and lchd7dcgbrthyr	Age in years
NSOC III:	-8 = DK
	-7 = RF
	-4 = Did not help last month or in
1 1	last month of life
	1= January
	2 = February
	3 = March
	4 = April
	1 P
-	-4 if lfl7routing=4 lchd7dcgbrthmt= op7birthmth if lc7relatnshp=2 & lfl7spdied = -1 Else lchd7dcgbrthmt=HD9

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	Else lchi7downhome = lchi7ownhome	2 = NO
lchi#dchckacct	NSOC III:	-8 = DK
C# HI9A CG HAS CHECKING ACCT	-4 if lfl7routing=4	-7 = RF
	Else lchi7dchckacct = 1 if ia7bnkacccd4 = 2 & lc7relatnshp =	-4 = Did not help last month
	2 & lfl7spdied = -1	1 = YES
	Else lchi7dchckacct = 2 if ia7bnkacccd4 = 1 & lc7relatnshp =	2 = NO
	2 & lfl7spdied = -1	
	Else lchi7dchckacct = lchi7chckacct	
lchi#dsvgsacct	NSOC III:	-8 = DK
C# HI9B CG HAS SAVINGS	-4 if Ifl7routing =4	-7 = RF
ACCOUNT	Else lchi7dsvgsacct = 1 if ia7bnkacccd8 = 2 & lc7relatnshp =	
	2 & lfl7spdied = -1	1 = YES
	Else lchi7dsvgsacct = 2 if ia7bnkacccd8 = 1 & $lc7relatnshp =$	
	2 & lfl7spdied = -1	
	Else lchi7dsvgsacct = $lchi7svgsacct$	
lchi#dcertdpst	NSOC III:	-8 = DK
C# HI9C CG HAS CERT OF DEPOSIT	-4 if Ifl7routing =4	-7 = RF
en hije ee hiks eekt of berobit	C	-4 = Did not help last month
	2 & lfl7spdied = -1	1 = YES
	1	2 = NO
	2 & lfl7spdied = -1	2 110
	Else lchi7dcertdpst = lchi7certdpst	
lchi#dretrplan	NSOC III:	-8 = DK
C# HI9D CG HAS RETIREMENT	-4 if Ifl7routing =4	-7 = RF
PLAN	Else lchi7dretrplan = 1 if ia7iraothac3 = 2 & lc7relatnshp = 2	
	& $1f17spdied = -1$	1 = YES
	Else lchi7dretrplan = 2 if ia7iraothac3 = 1 & lc7relatnshp = 2	
	& 117 spdied = -1	2 110
	Else lchi7dretrplan = lchi7retrplan	
lchi#dmutlfnds	NSOC III:	-8 = DK
C# HI9E CG HAS STOCKS MUT	-4 if Ifl7routing =4	-7 = RF
FUNDS	Else lchi7dmutlfnds=1 if ia7mutfdstk4=2 & lc7relatnshp =2	-4 = Did not help last month
	& $1f17spdied = -1$	1 = YES
	Else lchi7dmutlfnds=2 if ia7mutfdstk4=1 & lc7relatnshp =2	2 = NO
	& $1f17spdied = -1$	
	Else lchi7dmutlfnds=lchi7mutlfnds	
FLAG	NSOC III:	-4 = Did not help last month
lchi#incimf	-4 if lfl7routing =4	1 = Reported in NSOC I
C# F IMPUTED INCOME LAST YEAR		2 = Reported in NSOC 1 2 = Reported in NHATS R1
C^{π} I IVII U I ED IIVCOIVIE LAST I EAK		$\mu = K_{\rm POI} = $

FLG	 2 if income skipped in NSOC for spouse/partner of SP, and reported income in NHATS were brought over 3 if income imputed in NSOC 4 if income imputed in NHATS for spouse/partner of SP 	(Spouse/partner of SP) 3 = Imputed in NSOC I 4 = Imputed in NHATS R1 (Spouse/partner of SP)
FLAG fl7routing C7 F NSOC ROUTING	NSOC III: 2 if fl7spdied=-1 and fl7helplstmth=1 3 if fl7spdied=1 and fl7helplstmth=1 4 if fl7helpyear=1 or fl7nohelpyear=1	2 = Helped last month, Sample Person alive 3 = Helped last month of life, Sample Person deceased 4 = Did not help last month or in last month of life

NSOC Sample Person Tracker Files (C	ross-Sectional)	
fl#dnsoc	NSOC I, II and III:	1 = Sample Person eligible for
R# F CC Sample Person IS ELIGIBLE	1 if Sample Person meets NSOC eligibility criteria	cross-sectional NSOC
FOR NSOC	-1 otherwise	-1 = Inapplicable
fl#dnsoccnt	NSOC I, II and III:	1 to 5
R# F CC CNT HLPRS ELG FOR NSOC	Number of caregivers eligible	-1 = Inapplicable
	for NSOC (up to 5) for each eligible SP	
fl#dcgphncnt	NSOC I and II:	0 to 5
R# F CC CNT HLPRS Sample Person	Number of eligible caregivers	-1 = Inapplicable
GAVE PHNE	that eligible Sample Person provided phone contact	
	information for	
fl#dcgadonly	NSOC I and II:	0 to 5
R# F CC HLPRS ADDRESS	Number of eligible caregivers	-1 = Inapplicable
ONLY	that eligible Sample Person provided address for (but no	
	phone contact)	
fl#dcgcontactinfo	NSOC III:	0 to 5
R# F CC HLPRS Sample Person GAVE	Number of eligible caregivers	-1 = Inapplicable
CONTACT INFO	that eligible Sample Person provided contact information	
	for	
fl#dnsoccomp	NSOC I, II and III:	0 to 5
R# D CC CNT HLPRS WITH	Number of eligible caregivers	-1 = Inapplicable
NSOC COMP	who participated in NSOC for each eligible SP	
fl#dtrackspstat	NSOC III:	1 = Sample Person interview at
R# F D Sample Person VITAL STATUS	1 if Sample Person is living at 2017 NHATS & NSOC	2017 NHATS & alive at NSOC
AT INTERVIEW	[r7status =60 or 63 and CA1PRE NE 7] and fl7dnsoc=1	2 = Sample Person 2016 LML
	2 if r6status=62 and fl7dnsoc=1 (longitudinal NSOC III	3 = Sample Person 2017 LML
	only)	4 = Sample Person interview at
	3 if r7status=62 and f17dnsoc=1	2017 & deceased at NSOC

o 5	pp7dnsocelig caregivers] and fl7dnsoc=1 5 if r7status = [60 or 63 and CA1PRE NE 7 for at least one	5 = Sample Person interview at 2017 & more than 1 caregiver & at least 1 caregiver reports Sample
0		Person deceased at NSOC -1 = Inapplicable

NSOC OP Tracker Files (Cross-Section	al)	
op#dnsocelig	NSOC III:	1 = Helper eligible for cross-
R# D CAREGIVER IS ELIGIBLE FOR	1 if OP meets eligibility criteria	sectional NSOC
NSOC	-1 otherwise	-1 = Inapplicable
op#dnsoc	NSOC I and II:	NSOC I and II:
R# D NSOC STATUS	1 = eligible helper who was interviewed	1 = Eligible and
	2 = eligible helper not interviewed for whom Sample	interviewed
	Person gave phone contact	2 = Eligible and not interviewed
	3 = eligible helper not interviewed Sample Person refused	phone number provided
	contact information	3 = Eligible and not
	4 = eligible helper not interviewed other (could not locate,	interviewed Sample Person refused
	too ill, other)	4 = Eligible and not interviewed
	5 = eligible helper who was not fielded for NSOC interview	other
	(Sample Person broke off interview before contact	5 = Eligible and not fielded for
	information could be obtained; CAPI programming error)	NSOC
	6 = helper ineligible because Sample Person had more than	6 = 5 + caregivers and not sampled
	5 caregivers and caregiver was not sampled	7 = Ineligible
	7 = helper found ineligible upon contact (Sample Person	-1 = Inapplicable
	died, caregiver under age, caregiver died, caregiver said had	
	not helped in last year)	
	-1 = all other persons on the NHATS OP file	
	NSOC III:	NSOC III:
	1 = eligible helper who was interviewed	1 = Eligible and interviewed
	2 = eligible helper refused interview	2 = Eligible and caregiver
	3 = eligible helper not interviewed other reasons	refused
	4 = eligible helper and not interviewed Sample Person did	3 = Eligible and caregiver not
	not provide contact information	interviewed other reasons
	6 = helper ineligible because Sample Person had more	4 = Eligible and not interviewed
	than 5 caregivers and helper not sampled	Sample Person did not provide
	7 = Named by Sample Person as a helper but determined	contact information
	ineligible (caregiver under age, caregiver died)	6 = >5 caregivers and not

	 -1 = all other persons on the NHATS OP file Note: LML caregivers interviewed in NSOC III. See fl7dtrackspstat. 	sampled 7 = Named by Sample Person but ineligible -1 = Inapplicable
op#dnsoccomplete	NSOC III:	1 = NSOC interview complete
R# D CAREGIVER NSOC COMPLETE		-1 = Inapplicable
	-1 = Inapplicable	
op#dtrackspstat	NSOC III:	1 = Sample Person interview at
	1 if Sample Person is living at 2017 NHATS & NSOC	2017 NHATS & alive at NSOC
AT INTERVIEW		2 = Sample Person 2016 LML
	= 60 or 63 and CA1PRE NE 7] and op7dnsocelig=1	3 = Sample Person 2017 LML
	2 if r6status=62 and op7dnsocelig=1 (longitudinal NSOC	4 = Sample Person died betwn
	III only)	NHATS & NSOC
	3 if r7status=62 and op7dnsocelig=1	-1 = Inapplicable
	4 if Sample Person deceased between 2017 NHATS and	
	NSOC III [r6status NE 62 or 86 and r7status NE 62 or 86	
	and NSOC caregiver reports Sample Person deceased	
	[CA1PRE=7]	
op#dnamedhelper	NSOC III:	1 = OP named as helper in NHATS
R# D OP NAMED AS HELPER IN		interview
NHATS	1 if OP named as helper in NHATS interview -1 otherwise	-1 = Inapplicable

NSOC Sample Person Tracker Files (L	ongitudinal)	
lfl#dnsoc	NSOC III:	1 = Sample Person eligible for
R# F CC Sample Person IS ELIGIBLE	1 if Sample Person has any OP with lop7dnsocelig=1	longitudinal NSOC
FOR NSOC	-1 otherwise	-1 = Ineligible
lfl#dnsoccnt	NSOC III:	1 to 5
R# F CC CNT HLPRS ELG FOR NSOC	Number of caregivers eligible	-1 = Inapplicable
	for NSOC (up to 5) for each eligible SP	
lfl#dnsoccomp	NSOC III:	0 to 5
R# D CC CNT HLPRS WITH	Number of eligible caregivers	-1 = Inapplicable
NSOC COMP	who participated in NSOC for each eligible SP	
lf17dtrackspstat	NSOC III:	1 = Sample Person is alive at 2017
R7 F D Sample Person VITAL STATUS	1 if Sample Person is living at 2017 NHATS & NSOC	NHATS & NSOC
	[r7status = 60 or 63 and CA1PRE NE 7] and lfl7dnsoc=1	2 = Sample Person 2016 LML
	2 if r6status=62and lfl7dnsoc=1	3 = Sample Person 2017 LML

3 if r7status=62 and lfl7dnsoc=1	4 = Sample Person interview at
4 if [r7status = 60 or 63 and CA1PRE=7 for all	2017 & deceased at NSOC
lop7dnsocelig caregivers] and lfl7dnsoc=1	5 = Sample Person interview at
5 if r7status = 60 or 63 and (CA1PRE NE 7 for at least	one 2017 & more than 1 caregiver & at
op7dnsocelig caregiver and CA1PRE = 7 for at least or	ne least 1 reports Sample Person
op7dnsocelig caregiver) and lfl7dnsoc=1	deceased at NSOC
9 if [r6status>64 or r7status>63] and lfl7dnsoc=1	9 = Sample Person not interviewed
Otherwise -1 (all OPs for Sample Person have	in 2017 and no LML interview in
lop7dnsocelig NE 1)	2016/2017
	-1 = Inapplicable

NSOC OP Tracker Files (Longitudinal)		
lop#dnsocelig	NSOC III:	1 = Helper eligible for longitudinal
R# D CAREGIVER IS EIGIBLE FOR	1 if OP completed NSOC II and meets eligibility criteria	NSOC
NSOC	2 if OP completed NSOC II and does not meet eligibility	2 = Helper ineligible for
	criteria	longitudinal NSOC
	-1 otherwise	-1 Inapplicable
lop#dnsoc	NSOC III:	1 = Eligible and interviewed
R [#] D NSOC STATUS	1 = eligible helper who was interviewed	2 = Eligible and caregiver
	2 = eligible helper refused interview	refused
	3 = eligible helper not interviewed other reasons	3 = Eligible and caregiver not
	4 = eligible helper and not interviewed Sample Person did	interviewed other reasons
	not provide contact information	4 = Eligible and not interviewed
	8 = eligible helper not fielded due to no Sample Person	Sample Person did not provide
	interview	contact information
	9 = eligible caregiver who is deceased	8 = Eligible and not fielded no
	Otherwise -1 if lop7dnsocelig NE 1	Sample Person interview in
		2017
	Note: LML caregivers interviewed in NSOC III. See	9 = Eligible caregiver deceased
	lfl7dtrackspstat.	-1 = Inapplicable
lop#dnsoccomplete	NSOC III:	1 = NSOC interview complete
R# D CAREGIVER NSOC	1 = NSOC interview complete	-1 = Inapplicable
COMPLETE	-1 = Inapplicable	
lop#dtrackspstat	NSOC III:	1 = Sample Person interview at
R# D Sample Person VITAL STATUS	1 if $[r7status = 60 \text{ or } 63 \text{ and } CA1PRE \text{ NE } 7]$ and	2017 NHATS & alive at NSOC
AT INTERVIEW	lop7dnsocelig=1	2 = Sample Person 2016 LML
	2 if r6status=62 and lop7dnsocelig=1	3 = Sample Person 2017 LML
	3 if r7status=62 and lop7dnsocelig=1	4 = Sample Person interview at
	4 if [r7status=60 or 63 and CAPRE7=1] and	2017 & deceased at NSOC

	lop7dnsocelig=1 9 if [r6status>64 or r7status>63] and lop7dnsocelig=1 -1 if lop7dnsocelig NE 1	9 = Sample Person not interviewed in 2017 and no LML interview in 2016/2017
lop#ddeceased R# D CG DECEASED STATUS	NSOC III: 1 if (op6ddeceased=1 and r7status = 60 or 62 or 63) or op7ddeceased=1 or identified as deceased prior to NSOC III -1 otherwise	1 = Caregiver deceased -1 = Inapplicable